Transgender and Gender Non-Conforming (TGNC) Week

Join us November 9 - 13, 2020 for a week of events that support Transgender or gender non-conforming folkx. An increasing number of students are identifying as transgender or gender-nonconforming (TGNC) students in higher education. The college experience of these students is very different from that of their cisgender peers. The Wellness Hub provides a trans-inclusive health initiative to enhance the personal and professional success of TGNC students at UMB.

LGBTQ+ ALLYSHIP TRIVIA
Monday, Nov. 9 | Noon-1 p.m.
Register Online

Join Intercultural Leadership and Engagement Center and URecFit for a fun and interactive trivia game that will hone your skills as an LGBTQ+ ally and allow you to learn tips, terms, and best practices for LGBTQ+ inclusion in everyday life.

UNDERSTANDING AND NAVIGATING HEALTHY LGBTQ+ RELATIONSHIPS
Monday, Nov. 9 | 4-5 p.m.
Register Online

We recognize that relationship abuse occurs in all communities and that people who identify as LGBTQ+ are disproportionately affected. Join for an opportunity to think deeply about healthy and unhealthy relationships from an LGBTQ+ lens. This event is open to sexual and gender minority students only.

A FIRSTHAND LOOK: NAVIGATING THE HEALTHCARE SYSTEM AS A TRANSGENDER PATIENT
Tuesday, Nov. 10 | Noon-1 p.m.
Register Online

The healthcare system in the United States proves daunting for underserved populations, including transgender patients. This workshop will focus on interactions with health insurance and the healthcare system from the firsthand experience of a transgender individual.

LGBTQIA+ INTIMATE RELATIONSHIPS: STAYING SAFE DURING COVID-19
Wednesday, Nov. 11 | Noon-1 p.m.
Register Online

Sex during the coronavirus pandemic requires a whole new set of precautions. Join a discussion with Dr. Grant, where we will focus on the unique sexual health needs of LGBTQIA+ people, who are often underrepresented in sexual health education. This event is open to sexual and gender minority students only.

SELF-CARE IN TRANSITION: SELF-CARE TIPS FOR TRANSGENDER, NON-BINARY, AND GENDER NONCONFORMING INDIVIDUALS
Wednesday, Nov. 11 | 6-7 p.m.
Register Online

This workshop will prioritize providing self-care tips for transgender, non-binary, and gender nonconforming individuals. Self-care is oftentimes tailored to cisgender folks, which leaves the gender diverse community behind. This event is open to sexual and gender minority students only.

To learn more about TGNC Week, go to www.umaryland.edu/TGNCweek