

DOCUMENT N: COURSE AND PROGRAM DEVELOPMENT COVER SHEET

See Course and Program Development Policy and Procedures for Instructions

SCHOOL: LAW <input type="checkbox"/> MSB <input type="checkbox"/> YGCLA <input checked="" type="checkbox"/>	Contact Name: Courtney Gasser	Phone: 837-6760
DEPARTMENT / DIVISION: Applied Behavioral Sciences		
SHORT DESCRIPTION OF PROPOSAL (state name of action item 1-20 and course name, code & number / program affected):		
2, 4, 6, 7: The proposed changes consist of changes to the Course Title, Course Number, Prerequisite, and Course Description for PSYC 304 The Interpersonal Relationship, to be consistent with numbering system for new 4-year PSYC BA program. Numbering change is from PSYC 304 to PSYC 210.		
PROPOSED SEMESTER OF IMPLEMENTATION: Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Year: 2007		

Box 1: TYPE OF ACTION	ADD(NEW) <input type="checkbox"/>	DEACTIVATE <input type="checkbox"/>	MODIFY <input checked="" type="checkbox"/>	OTHER <input type="checkbox"/>
Box 2: LEVEL OF ACTION	Non-Credit <input type="checkbox"/>	Undergraduate <input checked="" type="checkbox"/>	Graduate <input type="checkbox"/>	OTHER <input type="checkbox"/>

Box 3: ACTION ITEM (check appropriate boxes)		DOCUMENTS REQUIRED (see box 4 below)	IMPACT REVIEWS (see box 5 on back)	APPROVAL SEQUENCE (see box 6 on back)
<input type="checkbox"/>	1. Experimental Course ¹	NOP	a, c, e	AC
<input checked="" type="checkbox"/>	2. Course Title	NO		ABCD
<input type="checkbox"/>	3. Course Credits	NO		ABCD
<input checked="" type="checkbox"/>	4. Course Number	NO		ABCD
<input type="checkbox"/>	5. Course Level	NO		ABCD
<input checked="" type="checkbox"/>	6. Pre & Co-Requisite	NO		ABCD
<input checked="" type="checkbox"/>	7. Course Description	NOP		ABCD
<input type="checkbox"/>	8. New Course	NOP		ABCDEF
<input type="checkbox"/>	9. Deactivate a Course	NO		ABCDEF
<input type="checkbox"/>	10. Program Requirements	NO	b, c, d, e	ABCDEF
<input type="checkbox"/>	11a. UG Specialization (24 credits or less)	NO	a, b, c, d, e	ABCDEF
<input type="checkbox"/>	11b. Masters Specialization (12 credits or less)	NO	a, b, c, d, e	ABCDEF
<input type="checkbox"/>	11c. Doctoral Specialization (18 credits or less)	NO	a, b, e	ABCDEF
<input type="checkbox"/>	12. Closed Site Program	NOT	e	ABCDHIK
<input type="checkbox"/>	13. Program Suspension ⁹	NO,5	a, e	ABCDEGIK
<input type="checkbox"/>	14a. Certificate Program (ug/g) exclusively within existing degree program	NO	a, c, e	ABCDEFHIK
<input type="checkbox"/>	14b. Certificate Program (ug/g) where degree programs do not exist or where courses are selected across degree programs (12 or more credits)	NOQR, 6	a, c, e	ABCDEFHJL
<input type="checkbox"/>	15. Off-Campus Delivery of Existing Program	NO, 4	a, b, c, e	ABCDEFHIL
<input type="checkbox"/>	16a. UG Concentration (exceeds 24 credit hours)	NO, 5	a, c, d, e	ABCDEFGHJL
<input type="checkbox"/>	16b. Masters Concentration (exceeds 12 credit hours)	NO, 5	a, c, d, e	ABCDEFGHJL
<input type="checkbox"/>	16c. Doctoral Concentration (exceeds 18 credit hours)	NO, 5	a, c, d, e	ABCDEFGHJL
<input type="checkbox"/>	17. Program Title Change	NO, 5	a, c, d, e	ABCDEFGHJL
<input type="checkbox"/>	18. Program Termination	NO, 10	d, e	ABCDEFGHIK
<input type="checkbox"/>	19. New Degree Program	NOQR, 3,8	a, c, d, e	ABCDEFGHJL
<input type="checkbox"/>	20. Other	Varies	Varies	Varies

Box 4: DOCUMENTATION (check boxes of documents included)					
<input checked="" type="checkbox"/>	N. This Cover Sheet	<input type="checkbox"/>	Q. Full 5-page MHEC Proposal	<input type="checkbox"/>	T. Other
<input checked="" type="checkbox"/>	O. Summary Proposal	<input type="checkbox"/>	R. Financial Tables (MHEC)	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	P. Course Definition Document	<input type="checkbox"/>	S. Contract	<input type="checkbox"/>	

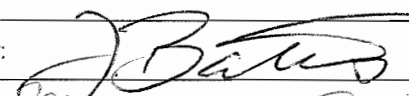

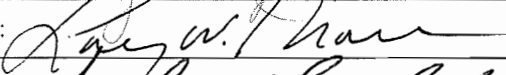
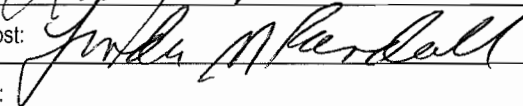
- Approval of experimental course automatically lapses after two offerings unless permanently approved as a new course.
- Codes: a) Library Services (Langsdale or Law) b) Office of Technology Services c) University Relations d) Admissions
- Letter of Intent is required by USM at least 30 days before a full proposal can be submitted. Letter of intent requires only the approval of the dean and the provost and is forwarded to USM by the Office of the Provost.
- One-page letter to include: Program title & degree/certificate to be awarded; resources requirements; need and demand; similar programs; method of instruction; and oversight and student services (MHEC requirement)
- One-page letter with description and rationale (MHEC requirement)
- One or two-page document that describes: centrality to mission; market demand; curriculum design; adequacy of faculty resources; and assurance program will be supported with existing resources. (MHEC requirement)
- Learning objectives, assessment strategies; fit with UB strategic plan
- Joint Degree Program or Primary Degree Programs require submission of MOU w/ program proposal. (MHEC requirement)
- Temporary suspension of program to examine future direction; time not to exceed two years. No new students admitted during suspension, but currently enrolled students must be given opportunity to satisfy degree requirements.

DOCUMENT N: COURSE AND PROGRAM DEVELOPMENT COVER SHEET (Page 2 of 2)

SCHOOL: LAW <input type="checkbox"/> MSB <input type="checkbox"/> YGCLA <input checked="" type="checkbox"/>
SHORT DESCRIPTION OF PROPOSAL (state name of action item 1-20 and course name, code & number / program affected):
2, 4, 6, 7: The proposed changes consist of changes to the Course Title, Course Number, Prerequisite, and Course Description for PSYC 304 The Interpersonal Relationship, to be consistent with numbering system for new 4-year PSYC BA program. Numbering change is from PSYC 304 to PSYC 210.

10. Provide:
- a. evidence that the action is consistent with UB mission and can be implemented within the existing program resources of the institution.
 - b. proposed date after which no new students will be admitted into the program;
 - c. accommodation of currently enrolled students in the realization of their degree objectives;
 - d. treatment of all tenured and non-tenured faculty and other staff in the affected program;
 - e. reallocation of funds from the budget of the affected program; and
 - f. existence at other state public institutions of programs to which to redirect students who might have enrolled in the program proposed for abolition.
11. University Council *review* (for a recommendation to the President or back to the Provost) shall be limited to curricular or academic policy issues that may potentially affect the University's mission and strategic planning, or have a significant impact on the generation or allocation of its financial resources.

Box 5: IMPACT REVIEW	SIGNATURES (see procedures for authorized signers)	DATE
a. Library <input type="checkbox"/> No impact <input type="checkbox"/> Impact statement attached	Director or designee:	
b. OTS <input type="checkbox"/> No impact <input type="checkbox"/> Impact statement attached	CIO or designee:	
c. University Relations <input type="checkbox"/> No impact <input type="checkbox"/> Impact statement attached	Director or designee:	
d. Admissions <input type="checkbox"/> No impact <input type="checkbox"/> Impact statement attached	Director or designee:	
e. Records <input type="checkbox"/> No impact <input type="checkbox"/> Impact statement attached	Registrar or designee:	

Box 6: APPROVAL SEQUENCE	APPROVAL SIGNATURES	DATE
A. Department / Division	Chair: 	1-23-07
B. Final faculty review body within each School	Chair: 	2-15-07
C. College Dean	Dean: 	2/19/07
D. Provost and Senior Vice President for Academic Affairs	Provost: 	2/28/07
E. Curriculum Review Committee (UFS subcommittee)	Chair:	
F. University Faculty Senate (UFS option)	Chair:	
G. University Council (see # 11 above)	Chair:	
H. President	President:	
I. Board of Regents – notification only		
J. Board of Regents – approval		
K. MHEC – notification only		
L. MHEC – approval		
M. Middle States Association notification	Required only if the mission of the University is changed by the action	

DOCUMENT O: SUMMARY PROPOSAL

See Course and Program Development Policy and Procedures for Instructions

SCHOOL: LAW <input type="checkbox"/> MSB <input type="checkbox"/> YGCLA <input checked="" type="checkbox"/>	Contact Name: Courtney Gasser	Phone: 837-6760
DEPARTMENT / DIVISION: Division of Applied Behavioral Sciences		
SHORT DESCRIPTION OF PROPOSAL (state action item 1-23 and course name & number or program affected):		
2, 4, 6, 7: The proposed changes consist of changes to the Course Title, Course Number, Prerequisite, and Course Description for PSYC 304 The Interpersonal Relationship, to be consistent with numbering system for new 4-year PSYC BA program. Numbering change is from PSYC 304 to PSYC 210.		
PROPOSED SEMESTER OF IMPLEMENTATION: Fall <input checked="" type="checkbox"/> Spring <input type="checkbox"/> Year: 2007		

O-1: Briefly describe what is being requested:

2 - Change course title to Interpersonal Psychology.

4 -Change course number from PSYC 304 to PSYC 210.

6 - Change prerequisites from "PSYC 201, or an equivalent introductory psychology course or permission of the program director" to **NO PREREQUISITES**.

7 – Change course description to

An examination of intrapersonal and interpersonal dynamics at work within one’s relationship with oneself as well as within relationships between the self and others. Application of course concepts will facilitate students’ own personal discovery processes, and techniques for increasing overall life satisfaction via interpersonal problem-solving will be presented.

For new courses or changes in existing courses (needed by Registrar)

OLD Title: The Interpersonal Relationship	Course # / HEGIS Code: PSYC 304	Credits: 3
NEW Title: Interpersonal Psychology	Course # / HEGIS Code: PSYC 210	Credits: 3

O-2: Set forth the rationale for the proposal:

2 - The change in the course title reflects a modification of the title to more accurately reflect the course content.

4 - The change in the course number reflects the changes in the Psychology undergraduate curriculum as a result of University of Baltimore adding freshman and sophomore classes. Interpersonal Psychology often is a 2nd-year course and is likely to be of elective interest to non psychology majors.

6 - It is the opinion of the Applied Behavioral Sciences faculty that a prior course in introductory psychology is not required for students’ success in this course.

7 - The course description modification will make the course content more appropriate for the applied psychology orientation of new PSYC BA program.

Document P: Required Format for Course Definition Document

1. **Date Prepared:** 1/23/07
2. **Prepared by:** Dr. Courtney Gasser
3. **Department:** Division of Applied Behavioral Sciences
4. **Course Number(s), including HEGIS code(s):** PSYC 210
5. **Course Title:** Interpersonal Psychology
6. **Credit Hours:** 3
7. **Catalog Description (Paragraph should reflect general aims and nature of the course)**

An examination of intrapersonal and interpersonal dynamics at work within one's relationship with oneself as well as within relationships between the self and others. Application of course concepts will facilitate students' own personal discovery processes, and techniques for increasing overall life satisfaction via interpersonal problem-solving will be presented.

8. **Prerequisites:** NONE
9. **Faculty qualified to teach course:**

Dr. Courtney Gasser, Dr. Elaine Johnson, Dr. Bridal Pearson, Dr. Helga Walz
10. **Course Type / Component (clinical, continuance, discussion, field studies, independent study, laboratory, lecture, seminar, supervision, thesis research, workshop)**

Lecture/discussion
11. **Suggested approximate class size:** 20-25
12. **Content Outline**

1. Personal Wellness
 1. Emotional
 2. Physical
 3. Spiritual
2. Relationships
 1. Communication
 2. Conflict management
 3. Love
 4. Sexuality
3. Multiculturalism
 1. Gender role issues
 2. Racial/Ethnic issues
 3. Power and Privilege issues

4. Finding Balance: Work, Leisure
5. Handling Emotions
 1. Role of emotions
 2. Sadness/Grief
 3. Anger

13. Learning Goals

By the end of the course, students will:

- Identify the processes involved in how human relationships form, develop, are maintained, and dissolve.
- Demonstrate greater insight into student's own intrapersonal dynamics, including factors such as personality, the self as a relational being, interpersonal conflict style, and cultural background.
- Describe how each person's unique identity and manner of expressing that identity creates and shapes interpersonal dynamics between human beings.
- Demonstrate critical thinking and writing skills regarding the psychology of intrapersonal and interpersonal dynamics.
- Demonstrate understanding and utilization of interpersonal and intrapersonal problem-solving techniques.
- Iterate what consists of the foundations of helping and counseling.
- Discuss what qualities are desirable in a helping professional.

14. Assessment Strategies

Written assignments, quizzes and/or exams, classroom discussion, activities and participation

15. Suggested Text(s) and Materials (example: textbooks, equipment, software, etc.)

Corey, G., & Corey, M.S. (2006). *I never knew I had a choice* (8th ed.). Belmont, CA: Thomson Brooks/Cole.

Duffy, K.G. (2008). *Personal growth and behavior* (26th ed.). McGraw-Hill.

Hanna, S., Suggett, R., & Radtke, D. (2008). *Person to person: Positive relationships don't just happen*. Prentice Hall.

O'Connell, A., O'Connell, V., & Kuntz, L. (2005). *Choice and change: The psychology of personal growth and interpersonal relationships*. Prentice Hall.

Sharf, R.S. (2001). *Life's choices: Problems and solutions*. Belmont, CA: Thomson/Wadsworth.

Weiten, W., & Lloyd, M.A. (2006). *Psychology applied to modern life: Adjustment in the 21st century* (8th ed.). Belmont, CA: Thomson/Wadsworth.