Psychology Program Requirements
(45 credits)

Major Requirements (6 credits)
- Introduction to Psychology (PSYC 100)
- Introduction to Professional Practices (PSYC 200)

Behavioral Science Core (12 credits)
- History and Systems of Psychology (PSCY 300)
- Research Methods and Statistics I (PSYC 308) *
- Research Methods and Statistics II (PSYC 309) *
- Senior Project in Psychology (PSYC 490) **

* must be taken sequentially
** requires successful completion of all other courses in the Behavioral Science Core

Distributive Psychology Requirement (12 credits)

Complete two courses in one of these areas and one course in each of the other two areas:

Psychology as a Social Science
- Interpersonal Psychology (PSYC 210)
- Social Psychology (PSYC 250)
- Psychology of Religion and Spirituality (PSYC 260)
- Theories of Personality (PSYC 335)
- Cross-Cultural Psychology (PSYC 360)
- Psychology of Gender (PSYC 365)

Psychology as a Natural Science
- Human Development (PSYC 205)
- Cognitive Psychology (PSYC 345)
- Evolutionary Psychology (PSYC 415)
- Sensation and Perception (PSYC 425)
- Physiological Psychology (PSYC 430)

Applied Psychology
- Industrial and Organizational Psychology (PSYC 320)
- Forensic Psychology (PSYC 325)
- Health Psychology (PSYC 330)
- Counseling Psychology (PSYC 340)
- Community Psychology (PSYC 380)

Major Electives (15 credits)

Complete at least five additional PSYC courses selected from the three distributive psychology areas above and/or from the following list of courses, at least 3 credits of which must be earned in 400-level courses.
- Human Sexuality (PSYC 215)
- Stress Identification and Management (PSYC 220)
- Behavior Modification in Applied Settings (PYSC 230)
- Educational Psychology (PSYC 240)
- Positive Psychology (PSYC 270)
- Motivation (PSYC 315)
- Abnormal Psychology (PSYC 350)
- Interviewing Psychology (PSYC 355)
• Psycholinguistics (PSYC 370)
• Environmental Psychology (PSYC 375)
• Theories of Learning (PSYC 400)
• Training and Development (PSYC 403)
• Organizational Consulting (PSYC 404)
• Tests and Measurements (PSYC 405)
• Psychopathology (PSYC 413)
• Psychology of Aging (PSYC 445)
• Death, Dying and Bereavement (PSYC 446)
• Workshop in Counseling (PSYC 455)
• Honors Seminar (PSYC 493)
• Honors Project, 3-6 credits (PSYC 494)
• Topics in Psychology (PSYC 497)
• Special Projects in Psychology, 1-3 credits (PSYC 499)

General Electives

• First Year Seminar: Introduction to University Learning (IDIS 101)  
   freshmen only; transfer students replace this with a different elective

Complete as many courses as necessary from any discipline to fulfill your 120-credit requirement to graduate.

Information Literacy Requirement

Meet the UB Information Literacy graduation requirement by successfully completing one of the following:

• Introduction to Information Literacy (INFO 110)

or all three of the following courses:

• Introduction to Professional Practices (PSYC 200)
• Research Methods and Statistics I (PSYC 308)
• Research Methods and Statistics II (PSYC 309)