**Offices and Services on Campus**

**Achievement and Learning Center (ALC) Housing Office**

www.ubalt.edu/alc*www.ubalt.edu/housing*



*Library ● 410-837-5383* ● [*alc@ubalt.edu*](mailto:alc@ubalt.edu) *AC 115 ● 410-837-5434 ● housing@ubalt.edu*

John Chapin, Director

***FAQ’s for the Psychology BA at the University of Baltimore***

**Langsdale Library**

**BHS (Counseling)** *http://langsdale.ubalt.edu*

[*www.portal.bhsonline.com*](http://www.portal.bhsonline.com) *410-837-4260* (username:UBALT)Jeffrey Hutson, Director

*1-800-327-2251*

**Office of Parking**

**The Hive (Books)** *www.ubalt.edu/parking*

[www.ubalt.edu/bookstore](http://www.ubalt.edu/bookstore) *AC 105 ● 410-837-6573 ● parking@ubalt.edu**410-837-5604*Matthew Leebel, Manager

**Bursar’s Office Records Office**

www.ubalt.edu/bursar www.ubalt.edu/records

Michael Gosnell, Bursar *AC 126 ● 410-837-4825 ● records@ubalt.edu*

*AC 127 ● 410-837-4848**● ubbursar@ubalt.edu* Mark Jaque, Registrar

**Campus Recreation & Wellness (CRW) Rosenberg Center for Student Involvement**

[www.ubalt.edu/campusrec](http://www.ubalt.edu/campusrec) www.ubalt.edu/csi

*AC 3rd flr ● 410-837-5598 ● campusrec@ubalt.edu* Anthony Butler, Director

Mark Comer, Asst. Director

**Shuttle Services**

**Career Center** www.ubalt.edu/shuttle [www.ubalt.edu/careercenter](http://www.ubalt.edu/careercenter)

*SC 306 ● 410-837-5440* [*● careercenter@ubalt.edu*](mailto:●%20careercenter@ubalt.edu)**Student Affairs (Community Life)**

Lakeisha Mathews, Director *AC 112 ● 410-837-4755*

Llatetra Esters, Dean of Students

**Disability and Access Services**

www.ubalt.edu/das **Office of Technology Services (Help Desk)**

**Michael Jones**

**Advisor**

**AC 209**

[**mjones@ubalt.edu**](mailto:mjones@ubalt.edu)

**­­­­­­­­­­­­­­­­­-------------------**

*AC 111 ● 410-837-4775 ● das@ubalt.edu* www.ubalt.edu/ots

Karyn Schulz, Director *AC 101 ● 410-837-6262 ● callcenter@ubalt.edu*

**Diversity and Culture Center UB Police Department**

www.ubalt.edu/diversity *CR 200 ● 410-837-5520 (x4444-emergencies)*

***Dr. Kris Eyssell***

***Program Director***

***LC 413 ● keyssell@ubalt.edu***

***Tamara Harris-Coleman***

***Academic Program Coordinator***

***AC 209 ● tharriscoleman@ubalt.edu***

*SC 002 ● 410-837-5744 ●* *diversity@ubalt.edu* Jason Kunz, Acting Captain

**Entrepreneurship Opportunity Center**

BC 104 ● 410-837-4892 ● opportunity@ubalt.edu

**Financial Aid**

www.ubalt.edu/financialaid*AC 126 ● 410-837-4763* *● financialaid@ubalt.edu*

Sofia Cascio, Associate Director



**Registration and Advisement** *Resources at the University of Baltimore*

All new students (both freshman and transfer) will have an initial enrollment **Accelerated BA/MA option**

hold placed on their myUB account, which will prevent you from registering. Many undergraduate students that major in psychology go on to further their

Your admission acceptance letter will prompt you to contact your education in the field. At UB we have an accelerated BA/MA option where students

advisor for your program to discuss your registration for the upcoming of a certain academic ability can fulfill requirements for both the bachelor’s and

semester (students admitted under the freshman standards will be assigned master’s degree. To be eligible students must have a cumulative 3.5 undergraduate

to an advisor in the Freshman Advising Office). Besides the initial enrollment hold, GPA and should register for their graduate coursework during their last 30 hours of

students will also have **milestone advising holds at 45, 60, and 90 credits**. The their undergraduate degree. Once in the program students must maintain a 3.5 GPA

purpose of the milestone check-ins is to connect students with support services, in their undergraduate coursework and a 3.0 GPA in their respective graduate courses.

increase likeliness of success and on-time graduation, and to discuss options after Students will need the approval of the dean of the college and both the undergraduate

post-bachelor’s degree completion. It is also crucial to meet at any point and graduate program directors. This option needs to be elected prior to the

with your advisor if you feel that you are struggling academically to get of the last 30 credits of their undergrad degree. Students will be allowed to take a

help/tips to get back on track. There are a few additional instances where maximum of 9 graduate credits and will be able to apply them to both their undergrad

current UB students are required to meet with an advisor, and they and graduate degrees (the undergraduate and graduate programs must total at least

are as follows: switching to another major, students placed on probation, 141 credits), and just pay undergraduate tuition for the graduate courses. For more details, readmitted students, students requesting to take a course at another students should speak to their advisor.

institution, students requesting to take more than 16 credits in a regular **Psi Chi**

semester, and students registering for an independent study. The psychology division also houses a local chapter of Psi Chi, which is the national

honors society in psychology. To be eligible undergraduate students must have a 3.0

The initial advising appointment will consist of discussing the program cumulative GPA, have completed 3 semesters of college coursework, and have 9 credits of

requirements for the major, addressing any questions/concerns that the psychology coursework. The benefits of this program include, boosting one’s resume,

student may have, discussing placement tests if applicable, and walking promoting research, receiving national and international recognition, meeting and

students through the registration process. After the initial advising session, networking with professionals and faculty in their field, and meeting Psi Chi members of

students are then responsible for registering on their own and for reviewing/ other chapters who may also be future leaders. For more information, please contact

understanding their major program requirements. The advisor will then act as a Dr. Michael Frederick at 410-837-5997 or mfrederick@ubalt.edu.

guide to assist with scheduling and program requirement concerns. For future **Independent Studies and Internships**

advising sessions students should come prepared to an advising appointment with The Applied Behavioral Sciences division has a space located in the Academic Center, room220,

specific questions, an understanding of their requirements, and a tentative (Wagman Applied Psychology Laboratory) that supports faculty and student research

schedule (if possible). This will help the advising appointment to go much projects. If students are interested in gaining research experience, then they should visit

more smoothly for both the advisor and student. Students will receive an the Applied Behavioral Sciences website (http://www.ubalt.edu/cas/undergraduate

email reminder every semester from Records and their advisor regarding -majors-and-minors/majors/psychology/faculty.cfm) and review the faculty bios to get

upcoming registration dates. The advisor’s email will include registration a sense if there is faculty member that they would like to work with. Students should then

reminders and instructions on making an appointment. meet with the faculty member to see if there space available, and if they are suited for the

current project that the faculty is working on. The student will then work with the professor Students considering a minor in psychology will need to have completed 24and advisor to get enrolled in PSYC 499 (Special Projects in Psychology) for credit. For

and have a 2.0 cumulative GPA at UB. To officially declare, students need to internships, students can visit ubWorks on their portal. This listing includes internship

complete an Undergraduate Change of Major/Minor form found on the sites outside of UB. Internships can help boost a student’s resume and experience in the field,

Records site under useful forms. however no academic credit is given unless it is used for Senior Project (PSYC 490).

**Graduate Preparation Information** **Things to Remember as a New Student at UB**

*Tips on How to Best Prepare for Graduate School*

1) Research the schools that offer your program of interest to gain as much ***How to Add/Drop Courses-***Please visit the following link for instructions:

information as possible regarding the program and admission criteria. It is  *http://www.ubalt.edu/about-ub/offices-and-services/records-and-registration/peoplesoft-*

best to start this process early (at least one academic year prior to completion *student-center-instructions.cfm* of BA degree) to check deadlines, necessary coursework work, and***Taking Care of Hold(s) on myUB***-All holds are listed at the top right of your my Student

requirements needed to be eligible to apply. If you are having trouble deciding Center (via the myUB portal). Please make sure to clear up all holds prior to which field of psychology you would like to pursue, then you should talk to registration with the appropriate office. Registration holds may include financial,

different faculty members within the field, pursue volunteer and internship tutorials, missing transcripts, probation, milestone advising, and math/writ gen eds. possibilities, conduct informal interviews with various professionals in ***Knowing How to Log onto myUB and Check Email (frequently)***-The link for psychology, and/or visit the Career Center for additional resources. myUB is at the top right of the UB home page ([www.ubalt.edu](http://www.ubalt.edu)). If students are

2) Take necessary tests and allow sufficient time for preparation. Most graduate unsure of their netID (not to be confused with your 7 digit student ID), then they should programs require an entrance level test, typically the GRE (Graduate Record click on the Forgot ID/Password link underneath the login. Email should be checked

Exam) for psychology and counseling programs. Students may want to contact frequently since that is how the university communicates with students.

the program in which they are applying for to see if there is emphasis put on a ***Taking Care of Placement Tests*-**Pleasemake sure to RSVP through the ALC site

specific area of the test or if there is a specific percentage needed for (http://www.ubalt.edu/placement) if you (there will be a hold on your account).

entrance into the program. Please visit http://www.ets.org/gre/ for helpful All students will also need to take the WRIT 300 placement, and should do so as soon as information regarding the test itself, registering, and preparing for the exam. possible (co-req for PSYC308).

3) Investigate funding options available. Most students are familiar with the ***Avoid LC and HN Sections***-Any course that has a LC or HN in the section number FAFSA (Federal Application for Student Aid) as an undergraduate student. If (will see a section # for each course once pulled up in the class search) should

not, then please visit http://www.fafsa.ed.gov/. Students should be aware be avoided. Learning Communities (LC) are sections designated for freshman only and Honors that there will be less federal and state aid (grants and loans) that they are (HN) are for students in the honors program only.

eligible for post undergrad. Students should contact the school’s financial aid ***Finding Course Schedules***-Find courses by clicking on the search link under the

office to see what kind of assistantships or work study are available, which Academics tab in the myStudent Center (via myUB portal) or the Records site->

can help with tuition costs. Schedule of Classes (please note this schedule does not show if courses are closed).

4) Network and build relationships with faculty, professionals in the psychology ***Know Important Dates and Deadlines***-Consult the academic calendar on the Records

field, alumni, and supervisors. This will not only help build your knowledge website (http://www.ubalt.edu/records) for important dates and deadlines for the semester.

for your career path, it will also serve as an opportunity for letters of ***Check Transfer Credit Report***- Be certain to have your official transcripts with all of your

reference for graduate/PhD programs and future job opportunities. final grades sent directly from the appropriate schools, CLEP, AP, etc, to the Admissions

5) Please visit the below for more info on grad school: office for evaluation of credit. Admissions are responsible for determining GER credit.

http://www.allaboutgradschool.com/ The transfer credit report is found on your myUB->Student Center.

http://www.cgsnet.org/ ***Taking Plagiarism and Title IX Haven Tutorial on myUB***-The plagiarism tutorial will need to be

<http://www.gradschools.com/> completed before your 2nd semester and the Title IX tutorial (regarding sexual misconduct

http://www.gradview.com/index.jsp policies) should be completed immediately in order to register.

<http://www.matchcollege.com/> ***Course Descriptions***-These can be found in the 2nd half of the catalog: <http://www.petersons.com/> http://www.ubalt.edu/academics/uploads/catalogs/undergrad\_2013\_15/Course%20Descriptions.pdf. http://www.princetonreview.com/graduate-school.aspx ***Taking a Course at Another Institution***-Please see advisor for appropriate approval form

http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools and to verify eligibility.

**Psychology BA Requirements Only (45 credits) Examples of What I Can Do With a Psychology Major**

**Areas Employers**

Adult Learning Consulting Firms

Art/Music Therapy Employee Assistance Programs

Case Management Federal/State Agencies

Community Health Hospital/Healthcare Providers

Crisis work Insurance Companies

Fundraising Justice System

Grant Writing Non-profit Orgs.

Human Resources Private Psychiatric Facilities

Labor Relations Senior Centers

Public Relations Service Provider

Real Estate/Property Management Staffing and Employment Services

Rehab Specialist United Way Agencies

Research/Data Analysis University/Colleges

Substance Abuse Counseling

Sales

Teaching

* + **Master's Degree**
    - Licensed Clinical Social Worker
    - Professional Counselor
    - Educational, Vocational, and School Counselors
    - Substance Abuse and Behavioral Disorder Counselors
    - Rehabilitation Counselors
    - Licensed Marriage & Family Therapists
    - Industrial and Organizational Psychology
  + **Doctoral Degree**
    - Counseling Psychologist Licensed Clinical Psychologist
    - Experimental Psychologist
    - School Psychologist
    - Sport Psychologist
    - Industrial/Organizational Psychologist

**Major Requirements (6 credits**)

PSYC 100: Introduction to Psychology

PSYC 200: Introduction to Professional Practices1

**Behavioral Science Core (12 credits)**

PSYC 300: History and Systems of Psychology1

\*PSYC 308: Research Methods and Statistics I1

(WRIT 101, PSYC 200 pre-req and WRIT 300 co-req)

\*PSYC 309: Research Methods and Statistics II1

\*PSYC 490: Senior Project1

***\*Must be taken sequentially***

***1*** Students are only allowed two attempts for these courses (attempts include letter grades below C).

**Distributive Psychology Requirements:** Complete 2 courses in

one area and 1 course in each of the other two areas **(12 credits)**

Social Science

PSYC 210: Interpersonal Psychology

PSYC 250: Social Psychology

PSYC 260: Psychology of Religion and Spirituality

PSYC 335: Theories of Personality

PSYC 435: Cross-Cultural Psychology

PSYC 365: Psychology of Gender

Natural Science

PSYC 205: Human Development

PSYC 345: Cognitive Psychology

PSYC 415: Evolutionary Psychology

PSYC 425: Sensation and Perception

PSYC 430: Physiological Psychology

Applied Psychology

PSYC 320: Industrial and Organizational Psychology

PSYC 325: Forensic Psychology

PSYC 330: Health Psychology

PSYC 340: Counseling Psychology

PSYC 380: Community Psychology

**Careers in Psychology Major Elective (15 credits):** Complete 5 additional PSYC courses selected from

the three distributive psychology requirement areas and/or from the following

A bachelor’s degree in psychology provides students with a broad list of courses below, at least 3 credits must be earned in 400 level courses.

background in liberal arts. Students will gain transferable skills that

PSYC 215: Human Sexuality

PSYC 220: Stress Identification and Management

PSYC 230: Behavior Modification in Applied Settings

PSYC 270: Positive Psychology

PSYC 305: Multicultural Psychology

PSYC 315: Motivation

PSYC 350: Abnormal Psychology

PSYC 355: Interviewing Psychology

PSYC 375: Environmental Psychology

PSYC 400: Theories of Learning

PSYC 403: Training and Development

PSYC 404: Organizational Consulting

PSYC 405: Tests and Measurements

PSYC 413: Psychopathology

PSYC 493: Honors Seminar

PSYC 494: Honors Project *(3-6 credits)*

PSYC 497: Topics in Psychology

PSYC 499: Special Projects in Psychology *(1-3 credits)*

most employers value such as communication, interpersonal,

active listening, teamwork, leadership, etc.

It is recommended that students try to obtain either an internship,

part-time/full-time job, or volunteer experience within a related career

field. Internship and volunteer experiences are beneficial because they

provide the opportunity to network with professionals in your

field of interest, potentially supply future references for graduate

school/jobs, and may lead to future job opportunities. The Applied

Behavioral Science Division also has research opportunities for students.

To learn more about our faculty’s area of interest please visit http://www.ubalt.edu/

cas/undergraduate-majors-and-minors/majors/psychology/faculty.cfm.

You may then follow up with a faculty to see if they have any openings on

their research team, and to see if their work would be a good fit for you as well

as the faculty. By obtaining various experience in the field as mentioned

above it will help provide necessary experience for future jobs and help

to narrow down which field of psychology is of most interest to you.

To the right you will see some possible areas in the psychology field that

*Things to Remember*

\*To view a full listing of degree requirements including general education and

graduation requirements, please visit the Psychology website

(http://www.ubalt.edu/psychology) and click on degree requirements or the

Guideline to Graduation link.

* To view your automated degree audit visit your myUB portal->myStudent Center, go to the Academics Section and select Academic Requirements to view what requirements you have met and which still need to be completed.
* To view your transfer credit evaluation, go to the Academics section of your myUB portal, go to the Academics section and select Transfer Credit Report.

\* A maximum of 12 credits may be transferred to UB as meeting major

requirements ( quivalencies are determined by program director or advisor).

All psychology program requirements must be completed with a grade C or better.

\*Most of the major electives and distributive requirement courses are only

offered once in an academic year, while the required psyc courses are offered

every fall and spring (mix of day and evening times).

students may wish to pursue, as well as, possible places of employment.

Please note that some professions will require a master’s or doctoral

degree. Students should start preparing for graduate school at minimum

by the beginning of their senior year. The first step should be to research what

schools offer the degree you are seeking and what the admission requirements

are for that particular program. Please refer to the last two pages of the booklet

for more information about graduate school preparation.

For more helpful tips in choosing your career path, please visit the

Career Center website:

http://www.ubalt.edu/campus-life/career-center/

**Academic Success Tips**

every hour that you spend in class. Also if you are working full-time,

1. Achievement Learning Center (ALC) you may want to consider a part-time class schedule so that you

The ALC is your go to place if you are in need of tutoring. It is a are not overloaded with balancing work and school.

good idea to seek out a tutor if you are struggling with material in 6) Form Informal Study Groups

a course(s) or even if you just want to brush up on your skills. They Studying with other students in your classes can help to motivate and

also provide workshops, academic consulting, and coaching for time facilitate learning outside of the classroom. By forming a study group

management, motivation, test preparation, goal setting, learning with your classmates, you can learn new techniques and strategies to

preferences, and more. Check out their website for additional information: approaching the course material.

http://www.ubalt.edu/academics/academic-support/achievement-and-learning-center/. 7) Attendance and Participation

2) Visit Professors During Office Hours This tip is key to ensuring that you are on track with the material in

Professors are your best resource to discuss course material in more class. Many professors also dedicate a certain percentage of your grade

detail, ask questions, and to review the syllabus and course expectations. for participation and attendance.

It is also a good idea to get to know a few of your professors to gain 8) Explore Internships, Research Experiences, and Student Groups

more knowledge about a particular field of interest and to build a Broadening your academic experiences beyond the classroom can give you the

relationship with them for future networking and references for opportunity to put what you have learned to use hands on. The ubWorks site

jobs/grad school. (found on your myUB portal) gives a comprehensive list of internships available

3) Repeat/Replace around the local area. As previously stated in the Psyc Career section there are

You may want to consider using this option for courses in which you opportunities to work with faculty and their research, as well. Please visit the

did not successfully pass for major or general ed requirements. This will allow Student Involvement Center’s website for an up to date list of student groups,

you to replace the previous grade with your new grade, which hopefully leadership and services opportunities (http://www.ubalt.edu/campus-life/csi/).

will boost your overall cumulative GPA.  9) Meet With Your Academic Advisor Regularly

1. Withdraw Your advisor is your best resource to ensure that you understand your

Sometimes withdrawing from a course is the best line of action. It is major requirements and stay on track for graduation. They can also

always best to speak to your professor first to see what your chances provide you with on campus resources and academic strategies so

are of passing the course and what you can do to improve your that you are successful.

performance. If a failing grade is looking inevitable, then it may be 10) Establish Purpose and Motivation

wise to withdraw from the course. Having a failing grade will further Without purpose in your academic career it is difficult to stay motivated. If you

damage your GPA and put you at risk for probation or suspension. are unsure of what you want to do with your degree, make an appointment

Students have through the tenth week of classes to drop with a W; no with a career counselor, talk to the professors in your major, or professionals in

W is received if students drop within the first week. the field. Once you have a clear career path it will help motivate you to be

*(check with Financial Aid Office first to see if this will impact your award package)*. successful in your degree.

1. Time Management

Students should manage their time by maintaining regular study hours

each week and keeping track of deadlines for assignments and exams. It is really

recommended to study an average of two hours outside of class for