

Benefits Contacts

DBM – State of Maryland Employee Health Benefits Division

- Website: www.dbm.maryland.gov/benefits
- Telephone: 410-767-4775
- Email: ebdmail@dbm.state.md.us

Maryland State Retirement and Pension System

- Website: www.sra.state.md.us
- Telephone: 410-625-5555
- Email: sra@sra.state.md.us

Optional Retirement Plans and Supplemental Retirement Plans

- TIAA-CREF – Campus Rep – Mark Peloquin
 - 410-578-2229 mark.peloquin@tiaa-cref.org
 - 800-842-2252 – Customer Service
- Fidelity – Campus Rep – Chris Barnes
 - 410-713-8359 christopher.barnes@fmr.com
 - 800-343-0860 – Customer Service
- Nationwide (supplemental only) – Campus Rep – Jayson Myers
 - 410-812-8535 – myerj4@nationwide.com
 - 800-545-4730 – Customer Service

Unum Life Insurance/Long Term Disability

- 866-762-8705

INOVA Employee Assistance Program

- Website: www.inova.org/eap
- 800-346-0110 – Confidential assistance, 24/7