

John J. Donahue, Psy.D.

Curriculum Vitae

University Office

Division of Applied Behavioral Sciences
University of Baltimore
Learning Commons 408
1420 North Charles St.
Baltimore, MD 21201
Tel: (410) 837-5831
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Academic Appointments

Program Director, Certificate Program in Professional Counseling Studies,
Division of Applied Behavioral Sciences, University of Baltimore 2016 – Present

Assistant Professor
Division of Applied Behavioral Sciences, University of Baltimore 2015 - Present

Education

La Salle University 2007 - 2012
Philadelphia, PA
APA-accredited doctoral program in Clinical Psychology
Doctorate in Clinical Psychology – August 2012

Rutgers, The State University of New Jersey 1999 - 2003
New Brunswick, NJ
Bachelor of Arts – May 2003
Majors in Psychology and Administration of Justice
Certificate in Criminology

Professional Credentials

Maryland Psychologist License #05653 2015 - Present
Oregon Psychologist License #2451 (inactive status) 2014 – 2016

Research

*Denotes student advisee/collaborator

Peer Reviewed Publications

Donahue, J. J., *Khan, H., *Huggins, J., & *Marrow, T. (in press). Posttraumatic stress symptom severity and functional impairment in a trauma-exposed sample: A preliminary examination into the moderating role of valued living. *Journal of Contextual Behavioral Science*.

- Donahue, J. J.** & Caraballo, L. (2015). Examining the triarchic model of psychopathy using revised reinforcement sensitivity theory. *Personality and Individual Differences*, 80, 125-130.
- Donahue, J. J.**, Goranson, A. C., McClure, K. S., & Van Male, L. M. (2014). Emotion dysregulation, negative affect, and aggression: A moderated, multiple mediator analysis. *Personality and Individual Differences*, 70, 23-28.
- Donahue, J. J.** (2014). Coronary artery disease in offender populations: Incarceration as a risk factor and a point of intervention. *Journal of Correctional Health Care*, 20(4), 302-312.
- Donahue, J. J.**, McClure, K. S., & Moon, S. M. (2014). The relationship between emotion regulation difficulties and psychopathic personality characteristics. *Personality Disorders: Theory, Research, and Treatment*, 5(2), 186-194. PMID: 24341861
- Donahue, J. J.** (2009). Tobacco smoking among incarcerated individuals: A review of the nature of the problem and what is being done in response. *Journal of Offender Rehabilitation*, 48(7), 589-604.
- McClure, K. S., Halpern, J., Wolper, P. A., & **Donahue, J. J.** (2009). Emotion regulation and intellectual disability. *Journal on Developmental Disabilities*, 15(2), 38-44.

Book Chapters

- Donahue, J. J.** (in press). The fight-flight-freeze system. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*, Switzerland: Springer International Publishing.

Manuscripts under Review

- Donahue, J. J.**, Santanello, A., Marsiglio, M. C., & Van Male, L. C. (2016). *Acceptance and commitment therapy for anger dysregulation with military veterans: A pilot study*. Revised and Resubmitted.
- McClure, K. S., **Donahue, J. J.**, Trunzo, J. J., Samter, W., Morse, C., Cohn, C., & Volkman, J. (2016). *Problem solving and emotion regulation in college students: Counseling implications*. Revised and Resubmitted.

Manuscripts in Preparation

- Donahue, J. J.**, *Khan, H., & *Boyd, S. (2017). *Clarifying the associations between distress tolerance, psychopathic traits, and subtypes of aggression*. Manuscript in preparation.

Scientific & Professional Presentations

- *Nowack, V., & **Donahue, J. J.** (2017, November). *Spirituality and cognitive fusion in relation to anxiety and depression: When is spirituality not protective?* Poster proposal submitted to the annual convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- Donahue J. J.**, & Thompson, R. (2017, June). *A prospective examination of processes influencing the relationship between borderline personality features and aggression: experiential avoidance and anger rumination as mediators*. Paper presentation accepted to the annual world conference of the Association for Contextual Behavioral Science, Seville, Spain.
- Donahue J. J.**, & *Humphreys, J. (2017, June). *Dimensions of posttraumatic stress symptomology and suicidal ideation: The role of cognitive fusion*. Poster presentation accepted to the annual world conference of the Association for Contextual Behavioral Science, Seville, Spain.
- *Singh, S., Farley, S., & **Donahue, J. J.** (2017, May). *Narcissistic behaviors and social media usage*. Poster presentation accepted to the annual convention of the Association for Psychological Science, Boston, MA.
- Donahue, J. J.** & Thompson, R. (2017, March). *Dimensional assessment of borderline personality disorder: Further examining construct and criterion validity*. Paper presented at the annual convention of the Eastern Psychological Association, Boston, MA.

- *Reichardt, S. Thompson, R., & **Donahue, J. J.** (2017, March). *Examining associations between borderline personality traits, anger rumination, and counterproductive work behaviors*. Poster presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- *Boyd, S. & **Donahue, J. J.** (2017, March). *Distress intolerance mediates the relationship between PTSD symptomology and reactive aggression*. Poster presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- *Khan, H., **Donahue, J. J.**, & *Huggins, J. (2016, November). *Clarifying the link between psychopathy and reactive aggression in a trauma-exposed sample: Distress tolerance as a moderator*. Poster presented to the annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Donahue, J. J.** (2016, June). *Trauma, borderline personality disorder, and suicide*. Symposium discussant at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- Grodin, J., **Donahue, J. J.**, Wagner, A., Walser, R., & Clark, J. (2016, June). *Using contextual behavioral science to address treatment barriers among trauma-exposed veterans*. Panel discussion presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- Donahue, J. J.**, *Huggins, J., & *Khan, H. (2016, June). *PTSD symptom severity and functional impairment: The moderating role of valued living*. Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- Donahue, J. J.**, Santanello, A., Marsiglio, M. C., & Van Male, L. C. (2016, June). *A pilot study of acceptance and commitment therapy for anger dysregulation among trauma-exposed military veterans*. Poster presented at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.
- *Khan, H., *Huggins, J., & **Donahue, J. J.** (2016, April). *The main and interactive effects of distress tolerance and psychopathy on aggression: Preliminary findings from an ongoing study*. Paper presented at the annual Morgan State University Undergraduate and Graduate Science Research Symposium, Baltimore, MD.
- *Khan, H., *Abulfaraj, G., & **Donahue, J. J.** (2015, November). *Construct validation of the Jackson 5 measure of revised reinforcement sensitivity theory: Evidence for poor convergent and discriminant validity of the BIS scale*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Donahue, J. J.** (2014, August). *Clinical and demographic characteristics of veterans presenting for the treatment of problem anger: The role of experiential avoidance*. In A. C. Goranson (Chair), *Veterans and violence – myths, realities, and innovations*. Symposium conducted at the annual convention of the American Psychological Association, Washington, DC.
- Donahue, J. J.**, Goranson, A., McClure, K. S., & Van Male, L. M. (2013, November). *The role of emotion dysregulation in the relationship between negative affect and aggression: A multiple mediator analysis*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Caraballo, L., McClure, K., & **Donahue, J. J.** (2013, November). *A replication and expansion study of the relationship between psychopathic personality features, risky sexual behavior, and gender*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Donahue, J. J.**, McClure, K. S., & Caraballo, L. (2012, March). *An empirical examination of the relationship between emotion dysregulation and the two-factor model of psychopathy*. Poster presented at the annual convention of the American Psychology - Law Society (Division 41 of APA), San Juan, Puerto Rico.
- Donahue, J. J.**, & Moon, S. (2010, November). *The two-factor model of psychopathy in a female sample: Examining divergent associations with cognitive reappraisal and expressive*

- suppression*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Donahue, J. J.**, Popick, V., Catella, S., Saxton, V., Hertzbach, R., & Spokas, M. (2010, November). *Childhood emotional abuse and current quality of life: Examining the mediating role of emotional nonacceptance*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- McClure, K. S., **Donahue, J. J.**, Endres, M., Trunzo, J., Samter, W., & Morse, C. (2010, November). *An investigation into the relationship between emotion regulation and social problem solving*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Donahue, J.**, Catella, S., Ruvo, J., Dettore, M., Peters, N., Gardner, F. L., & Moore, Z. (2009, November). *The relationship between affective-motivation systems, emotion dysregulation, anger-in and anger-out in court mandated violent offenders*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Saxton, V., **Donahue, J.**, Wright, T., Sauers, L., Alm, T., & Moon, S. (2009, November). *Exploring the relationship between mindfulness and emotional intelligence abilities*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Gomez, D. M., McClure, K., Block-Lerner, J., Ronkowski, F., **Donahue, J.**, Dettore, M. M. (2008, November). *The development and initial validation of a vignette measure of mindfulness*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Greene-Burley, L. T., **Donahue, J.**, Naftz, A., & Gardner, F. L. (2008, November). *Anger in a clinical sample: Differences between African American and Caucasian males in trait, state, and expression as measured by the STAXI-2*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Greene-Burley, L. T., Naftz, A., **Donahue, J.**, & Gardner, F. L. (2008, November). *Anger and mistrust in a clinical sample: Do differences exist between African American and Caucasian men?* Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Intramural Presentations at University of Baltimore

- Donahue, J. J.** (2017, February). *Having a thought vs. buying a thought: The moderating role of cognitive fusion in predicting suicidality in a trauma-exposed sample*. Paper presented at the University of Baltimore's 2017 Research Engagement Day: REDTalks, Baltimore, MD.
- Donahue, J. J.** (2016, February). *Embracing pain in the service of your values: Implications for mental health*. Paper presented at the University of Baltimore's 2016 Research Engagement Day: REDTalks, Baltimore, MD.
- Kang, N., Kopelke, P., & **Donahue, J. J.** (2015, October). *Faculty collaboration for integrative learning*. Roundtable presented at the University of Baltimore's 4th Annual Fall Teaching & Learning Day, Baltimore, MD.
- Donahue, J. J.** (2015, March). *Emotion dysregulation and aggression: Preliminary data and an agenda for research*. Paper presented at the University of Baltimore's Yale Gordon College of Arts and Sciences Faculty Scholarship Day, Baltimore, MD.

Quality Assurance/Quality Improvement Research

- Van Male, L. M., Goranson, A. C., Marsiglio, M. & **Donahue, J. J.** (2013, March). *Veteran affairs handgun incidents during fiscal years 2011 and 2012: Preliminary findings from a clinical review of subjects*. Presented to Veterans Health Administration Central Office Safety and Security Work Group, Washington, D.C.

Additional Positions Held

Diagnostic Interviewer

2010-2011

The Center for Psychotherapy Research

University of Pennsylvania, Philadelphia, Pennsylvania

Principal Investigator: Mary Beth Connolly Gibbons, Ph.D.

Teaching Experience

Primary Instructor:

University of Baltimore

PSYC 100: Introduction to Psychology

LC5: The Mind, the Word, and World: A PSYC100/ENG 250 Learning Community

PSYC 335: Theories of Personality

APPL 603: Learning and Cognition

APPL 608: Applied Psychological Assessment

APPL 610: Psychopathology and Diagnosis

APPL 629: Special Topics: Treatment of Anxiety Disorders

APPL 662: Treatment of Trauma

APPL 663: Treatment of Depressive Disorders

APPL 703/708: Practicum/Internship Seminar

La Salle University

PSY 155: Introductory Psychology

PSY 350: Principles and Theories of Counseling

PSY 425: Theories of Personality

Teaching Assistant:

La Salle University

PSY 701: Clinical Interviewing - Spring 2011

PSY 710: Psychological Assessment IV: Integrative Batteries - Summer 2010

Guest Lecturer:

Oregon Health & Science University PGY-3 Psychiatry Residency Seminar Series (2013)

- Developing a Relationship that Fosters Hope in CBT
- CBT for Intrusive Thoughts
- An Introduction to Mindfulness in CBT
- CBT for Bipolar Disorder
- Behavioral Interventions in CBT

Oregon Health & Science University PGY-2 Psychiatry Residency Seminar Series (2013)

- Research on Psychotherapy Effectiveness
- Evidence-Based Treatment in Psychotherapy

Cooper University Hospital Psychiatry Residency Seminar Series (2011)

- Acceptance and Commitment Therapy: An Overview

La Salle University, PSY 730: Psychological Assessment II: Personality & Behavioral Assessment - Objective Approaches (2009)

- Psychopathy, Antisocial Personality Disorder, and Self-Report Assessment

Portland VA Medical Center – Workplace Violence Prevention Program (WVPP)

Faculty Member for Quarterly WVPP Mini-Residency for VA Staff

Seminars Taught:

Urwyler, C., & **Donahue, J. J.** *Measuring Violence Risk and Protective Factors.*

February 2013; April 2013; July 2013; February 2014; April 2014;

Goranson, A., & **Donahue, J. J.** *The Legend of Tarasoff: Dangerousness and Therapist Duties to Third Parties.*

February 2013; April 2013; July 2013; February 2014; April 2014;

Service**Ad Hoc Reviewer**

Journal of Contemporary Psychotherapy

Violence & Victims

Journal of Clinical and Experimental Neuropsychology

Personality and Individual Differences

Journal of Forensic Psychology & Psychiatry

Journal of Personality Assessment

SpringerPlus

International Journal of Stress Management

Assessment

External Grant Reviewer – *University of Ottawa Medical Research Fund* 2014

Text Reviewer – Pearson Higher Education 2015-2016

Text: *Personality Psychology: Understanding Yourself and Others*

Member, ABS Faculty Search Committee, University of Baltimore 2017

Member, Leadership Committee, Forensic Issues & Externalizing 2016 - Present

Behaviors Special Interest Group (ABCT)

Member, Institutional Review Board, University of Baltimore 2015 - Present

Member, ABS Counseling Committee, University of Baltimore 2015 - Present

Member, Veterans Advisory Council, University of Baltimore 2015 - 2016

Postdoctoral Representative, Psychology Training Committee, PVAMC 2013 – 2014

Member, Multicultural and Diversity Committee, PVAMC 2013 – 2014

Member, Disruptive Behavior Board, PVAMC 2012 – 2014

Member, Employee Threat Assessment Team, PVAMC 2012 – 2014

Clinical Chief Extern, Anger Regulation Clinic, La Salle University 2010 - 2011

Community Center for Counseling and Psychological Services

Clinical Chief Extern, Step Up Program, La Salle University 2010 - 2011

Community Center for Counseling and Psychological Services

Certificates

Oregon Health & Science University – Certificate in Human Investigations 2015

Cognitive Processing Therapy (CPT) VA National Provider 2014

VA Tele-mental Health Provider 2013

Monarch 21 Penile Plethysmograph (certified clinician) 2008

Awards by Student Advisees

2016 – 23rd Annual Morgan State University Undergraduate and Graduate Student Research Symposium
– Outstanding Oral Presentation in Psychology

Paper: *Khan, H. (Presenter and Award Winner), *Huggins, J., & **Donahue, J. J.** (2016, April). *The main and interactive effects of distress tolerance and psychopathy on aggression: Preliminary findings from an ongoing study.*

Awards and Grants

2017 – Yale Gordon College of Arts and Sciences Travel Funding (\$970.00)
 2016 – Yale Gordon College of Arts and Sciences Travel Funding (\$1200.00)
 2016 - Yale Gordon College of Arts and Sciences Summer Research Grant (\$1050.00)
 2015 – Yale Gordon College of Arts and Sciences Travel Funding (\$1200.00)
 2015 – Yale Gordon College of Arts and Sciences Summer Research Grant (\$860.00)
 2011 - Philadelphia Behavior Therapy Association - Student Poster Award (\$150.00)
 2010 – American Psychology – Law Society (Div. 41) Grants-in-Aid Award for Graduate Student Research (\$750.00)
 2009 – Pennsylvania Psychological Association Ethics Committee – The Patricia M. Bricklin Student Ethics Award (\$500.00)
 Paper: *The Ethical Considerations of Psychologist Assistance in Military Interrogation of Detainees: Ticking Time Bomb or Slippery Slope?*

Professional Workshops and Invited Presentations

Donahue, J. J. (2016, March). *Developments in the Understanding and Treatment of Posttraumatic Stress Disorder.* Invited presentation at Community College Baltimore County (CCBC), sponsored by CCBC Student Life, Student Veterans Association, and the Behavioral Sciences Department, Dundalk, MD.

Donahue, J. J. (2014, February). *Acceptance and Commitment Therapy (ACT) for Anger and Aggression: Treatment Overview and Preliminary Pilot Data.* Presented at the VISN 20 NW Mental Illness Research, Education and Clinical Center (MIRECC), Portland VA Medical Center: ‘NW MIRECC Presents’ Training Series, Portland, OR.

Donahue, J. J., & Van Male, L. (2013, June). *Violence Risk Assessment in Context.* Workshop presented at the Department of Veterans Affairs, Veterans Justice Outreach Program: Insuring VA Access for Justice Involved Veterans, Charlotte, NC.

Donahue, J. J. (2013, April). *Emotion Dysregulation and Aggression: Empirical Evidence and Implications for Practice.* Presented at the VISN 20 NW Mental Illness Research, Education and Clinical Center (MIRECC), Portland VA Medical Center: ‘NW MIRECC Presents’ Training Series, Portland, OR.

Donahue, J. J., & Goranson, A. (2013, April). *Violence and Mental Illness: Myths, Realities, and Consequences to Health Care Providers.* Presented at the Oregon Health & Science University, Psychiatry Residency Spring Retreat, Portland, OR.

Brodie, A., **Donahue, J. J.,** Drummond, D., Fletcher, J., Gasster, D., Goranson, A., & Van Male, L. (2013, March). *Workplace violence prevention: Healthcare as a comprehensive model.* Workshop presented at the annual Oregon Governor’s Safety & Health Conference, Portland, OR.

Donahue, J. J. (2013, January). *Moving beyond Appendix I’s Glossary of Culture-Bound Syndromes: Cultural Issues and DSM 5.* Presented at the Portland VA Medical Center Psychology Didactic Seminar Series, Portland, OR.

Donahue, J. J. (Monthly from 2009, November – 2010, April). *Myths of Major Mental Illness.* Presented at Volunteers of America, New Employee Training Series, Philadelphia, PA.

McClure, K. S., **Donahue, J.**, Patel, H. (2009, May). *Caregiver problem-solving 101: Strategies for solving daily problems*. Workshop presented at the annual convention of the Philadelphia Regional Conference on Developmental Disabilities, Philadelphia, PA.

Professional and Scientific Affiliations

Association for Psychological Science
Association for Behavioral and Cognitive Therapies
Association for Contextual Behavioral Science
Society for a Science of Clinical Psychology

Clinical Experience

Post-Doctoral Fellowship in Clinical Psychology

Clinical Psychology Postdoctoral Fellow 2012-2014
**Advanced Fellowship Program in Mental Illness Research and Treatment
VISN 20 NW Mental Illness Research, Education, and Clinical Center
Portland VA Medical Center**
Portland, OR

Clinical and Research Emphasis Areas:

Posttraumatic Stress Disorder, Emotion Dysregulation, and the Prevention and Management of Disruptive Behavior

Supervisors: Lynn Van Male, Ph.D.; Jed Grodin, Ph.D.

Director of Clinical Training: Elizabeth Goy, Ph.D.

APA-Accredited Pre-Doctoral Clinical Internship

Pre-Doctoral Psychology Intern 2011-2012
**Federal Bureau of Prisons
Federal Medical Center - Devens**
Ayer, MA

Major Rotations:

Forensic Evaluation (Supervisor: Shawn Channell, Ph.D., ABPP)

Severe & Persistent Mental Illness Treatment (Supervisor: Lindsay Olden, Psy.D.)

Minor Rotations:

Residential Sexual Offender Treatment Program (Supervisor: Bruce Loding, Ph.D.)

General Population/Drug Abuse Programming (Supervisor: Susan Bates, Ed.D.)

Director of Clinical Training: Diana Schoeller, Psy.D.

Formal Practica Training

Philadelphia VA Medical Center 2010-2011
Victor Saracini Outpatient Clinic
Horsham, PA
Supervisor: Carin Lefkowitz, Psy.D.

Clinical Neuropsychology Associates 2009-2010
Philadelphia, PA
Supervisor: Edward Maitz, Ph.D., ABPP

La Salle University Anger Regulation Clinic 2009-2011
La Salle University, Philadelphia, PA
Supervisor: Stephanie Mattei, Psy.D.

The Step Up Program 2008-2011
La Salle University, Philadelphia, PA
Supervisor: Kelly McClure, Ph.D.

La Salle University Evaluation and Assessment Program 2008-2009
La Salle University, Philadelphia, PA
Supervisor: Andrew Wolanin, Psy.D.

Additional Clinical Experiences

Assessment Coordinator 2008-2011
The Step Up Program
La Salle University, Philadelphia, Pennsylvania
Supervisor: Kelly McClure, Ph.D.

Clinic Assistant 2007-2008
Community Center for Counseling and Psychological Services
La Salle University, Philadelphia, PA
Supervisor: Andrew Wolanin, Psy.D.

Other Work Experience

Probation Officer 2004-2007
State of New Jersey, Branch of the Judiciary
Camden, NJ
Supervisors: Harry Carr; Hon. Louis Hornstine, J.S.C.