**Offices and Services on Campus**

**Achievement and Learning Center (ALC) Financial Aid**

www.ubalt.edu/alcwww.ubalt.edu/financialaid

*AC 113 ● 410-837-5383* ● [*alc@ubalt.edu*](mailto:alc@ubalt.edu) *AC 126 ● 410-837-4763* *●* financialaid@ubalt.edu

Beth Mizell, DirectorJoe Blevins, Director

**Barnes & Noble Housing Office**

www.ubalt.edu/bookstore*www.ubalt.edu/housing*

*410-837-5604* *AC 115 ● 410-837-5434 ● housing@ubalt.edu*

Amanda Martinez, ManagerMichelle Walters-Johnson

**Bursar’s Office**  **Langsdale Library**

www.ubalt.edu/bursar*http://langsdale.ubalt.edu* *AC 127 ● 410-837-4848**● ubbursar@ubalt.edu* LC 3rd Floor *● 410-837-4260*

Betty McNeil, Bursar Lucy Holman, Director

**Career Center Office of Parking**

[www.ubalt.edu/careercenter](http://www.ubalt.edu/careercenter)*www.ubalt.edu/parking*

*SC 306 ● 410-837-5440* *[● careercenter@ubalt.edu](mailto:● careercenter@ubalt.edu)**Maryland Ave Garage ● 410-837-6573*

Lakeisha Mathews, Director *●* [*parking@ubalt.edu*](mailto:parking@ubalt.edu)

Steve Carroll, Manager

**Counseling Services**

www.ubalt.edu/counseling**Office of Technology Services (OTS)**

*AC 111 ● 410-837-5159*www.ubalt.edu/ots

Myra Waters, Director*AC 101 ● 410-837-6262 (Help Desk)*

*● callcenter@ubalt.edu*

**Campus Recreation & Wellness (CRW)**

[www.ubalt.edu/campusrec](http://www.ubalt.edu/campusrec) **Records Office**

*AC 3rd flr ● 410-837-5305 ● campusrec@ubalt.edu*www.ubalt.edu/records

Nick Owens, Director*AC 126 ● 410-837-4825● records@ubalt.edu*

**Center for Educational Access** **Rosenberg Center for Student Involvement**

www.ubalt.edu/ceawww.ubalt.edu/csi

*AC 139 ● 410-837-4775 ● cea@ubalt.edu**SC 303 ● 410-837-5417 ● CSI@ubalt.edu*

Karyn Schulz, DirectorBill Schnirel, Executive Director

**Diversity and Culture Center****Student Affairs (SA)**

www.ubalt.edu/diversity *AC 112 ● 410-837-5429*

*SC 002 ● 410-837-5744 ●* *diversity@ubalt.edu* Kathy Anderson, Dean of Students

Karla Shepherd, Director

**Shuttle Services**

**Entrepreneurship Opportunity Center** www.ubalt.edu/shuttle

BC 104 ● 410-837-4892 ● CEI@ubalt.edu

**UB Police Department**

www.ubalt.edu/ubpolice

*CR 200 ● 410-837-5529 (x4444-emergencies)*

Sam Tress, Director

**Registration and Advisement** *Resources at the University of Baltimore*

All new students (both freshman and transfer) will have an initial enrollment **Accelerated BA/MA option**

hold placed on their myUB account, which will prevent students from Many undergraduate students that major in psychology go on to further their

registering. Your admission acceptance letter will prompt you to contact your education in the field. At UB we have an accelerated BA/MA option where students

advisor for your program to discuss your registration for the upcoming of a certain academic ability can fulfill requirements for both the bachelor’s and

semester (students admitted under the freshman standards will be assigned master’s degree. To be eligible students must have a cumulative 3.5 undergraduate

to an advisor in the Freshman advising office). The initial enrollment hold will GPA and should register for their graduate coursework during their last 30 hours of

only be placed on your account as a new student. Therefore, you are not their undergraduate degree. Once in the program students must maintain a 3.5 GPA

required to meet with your advisor in order to register, however, it would be in their undergraduate coursework and a 3.0 GPA in their respective graduate courses.

beneficial to meet with them at least once in an academic year to ensure that you Students will need the approval of the dean of the college and both the undergraduate

are on track for graduation (especially as you get closer to the anticipated date). and graduate program directors. This option needs to be elected prior to the beginning

It is also crucial to meet with your advisor if you feel that you are struggling of the last 30 credits of their undergrad degree. Students will be allowed to take a

academically to get help/tips to get back on track. There are a few instances maximum of 9 graduate credits and will be able to apply them to both their undergrad

where current UB students are required to meet with an advisor, and they and graduate degrees (the undergraduate and graduate programs must total at least

are as follows: switching to another major, students placed on probation, 141 credits). For more details, students should speak to their advisor.

readmitted students, students requesting to take a course at another **Psi Chi**

institution, students requesting to take more than 16 credits in a regular The psychology division also houses a local chapter of Psi Chi, which is the national

semester, and students registering for an independent study. honors society in psychology. To be eligible undergraduate students must have a 3.0

cumulative GPA, have completed 3 semesters of college coursework, and have 9 credits of

The initial advising appointment will consist of discussing the program psychology coursework. The benefits of this program include, boosting one’s resume,

requirements for the major, addressing any questions/concerns that the promoting research, receiving national and international recognition, meeting and

student may have, discussing placement tests if applicable, and walking networking with professionals and faculty in their field, and meeting Psi Chi members of

students through the registration process. After the initial advising session, other chapters who may also be future leaders. For more information, please contact

students are then responsible for registering on their own and for reviewing/ Professor John Gasparini at 410-837-5281 or [jgasparini@ubalt.edu](mailto:jgasparini@ubalt.edu).

understanding their major program requirements. The advisor will then act as a **Independent Studies and Internships**

guide to assist with scheduling and program requirement concerns. For future The Applied Behavioral Sciences division has a space located in the Academic Center, room220,

advising sessions students should come prepared to an advising appointment with (Wagman Applied Psychology Laboratory) that supports faculty and student research

specific questions, an understanding of their requirements, and a tentative projects. If students are interested in gaining research experience, then they should visit

schedule (if possible). This will help the advising appointment go much the Applied Behavioral Sciences website (http://www.ubalt.edu/cas/undergraduate

more smoothly for both the advisor and student. Students will receive an -majors-and-minors/majors/psychology/faculty.cfm) and review the faculty bios to get

email reminder every semester from Records and their advisor regarding a sense if there is faculty member that they would like to work with. Students should then

upcoming registration dates. The advisor’s email will include registration meet with the faculty member to see if there space available and if they are suited for the

reminders and instructions on making an appointment. current project that the faculty is working on. The student will then work with the professor

and advisor to get enrolled in PSYC 499 (Special Projects in Psychology) for credit for the

Students considering a minor in psychology will need to have completed 24 applicable semester. This option is beneficial for all students, but especially to those pursuing credits and have a 2.0 cumulative GPA at UB (http://www.ubalt.edu/academics/ a career focusing on research/PhD. For a listing of internships in the local area students should

undergraduate/minors/psychology.cfm). To officially declare , students need to complete visit myUB works on their portal. This listing includes internship sites outside of UB and can help

an Undergraduate Change of Major/Minor form found on the Records site under boost a student’s resume and experience in the field, but no academic credit is given.

useful forms.

**Graduate Preparation Information** **Things to Remember as a New Student at UB**

*Tips on How to Best Prepare for Graduate School*

1) Research the schools that offer your program of interest to gain as much ***How to Add/Drop Courses-***Please visit the following link for instructions:

information as possible regarding the program and admission criteria. It is  *http://www.ubalt.edu/about-ub/offices-and-services/records-and-registration/peoplesoft-*

best to start this process early (at least one academic year prior to completion *student-center-instructions.cfm* of BA degree) to check deadlines, necessary coursework work, and***Taking Care of Hold(s) on myUB***-All holds are listed at the top right of your my Student

requirements needed to be eligible to apply. If you are having trouble deciding Center (via the myUB portal). Please make sure to clear up all holds prior to which field of psychology you would like to pursue, then you should talk to registration with the appropriate office. Registration holds may include financial,

different faculty members within the field, pursue volunteer and internship plagiarism, missing transcripts, probation, and missing math/writing gen ed requirements. possibilities, conduct informal interviews with various professionals in ***Knowing How to Log onto myUB and Check Email (frequently)***-The link for psychology, and/or visit the Career Center for additional resources. myUB is at the top right of the UB home page ([www.ubalt.edu](http://www.ubalt.edu)). If students are

2) Take necessary tests and allow sufficient time for preparation. Most graduate unsure of their netID (not to be confused with your 7 digit student ID), then they should programs require an entrance level test, typically the GRE (Graduate Record click on the Forgot ID/Password link underneath the login. Email should be checked

Exam) for psychology and counseling programs. Students may want to contact frequently since that is how the university communicates with students.

the program in which they are applying for to see if there is emphasis put on a ***Taking Care of Placement Tests*-**Pleasemake sure to RSVP through the ALC site specific area of the test or if there is a specific percentage needed for (http://www.ubalt.edu/academics/academic-support/achievement-and-learning-center/) if you entrance into the program. Please visit http://www.ets.org/gre/ for helpful are missing your Math or Writ 101 (there will be a hold on your account). All students will information regarding the test itself, registering, and preparing for the exam. also need to take the WRIT 300 placement, and should do so as soon as possible (co-req

3) Investigate funding options available. Most students are familiar with the for PSYC308). FAFSA (Federal Application for Student Aid) as an undergraduate student. If ***Avoid LC and HN Sections***-Any course that has a LC or HN in the section number

not, then please visit http://www.fafsa.ed.gov/. Students should be aware (will see a section # for each course once pulled up in the class search) should that there will be less federal and state aid (grants and loans) that they are be avoided. Learning Communities (LC) are sections designated for freshman only and Honors eligible for post undergrad. Students should contact the school’s financial aid (HN) are for students in the honors program only. office to see what kind of assistantships or work study are available, which ***Finding Course Schedules***-Find courses by clicking on the search link under the

can help with tuition costs. Academics tab in the myStudent Center (via myUB portal) or the Records site->

4) Network and build relationships with faculty, professionals in the psychology Schedule of Classes (please note this schedule does not show if courses are closed). field, alumni, and supervisors. This will not only help build your knowledge ***Know Important Dates and Deadlines***-Consult the academic calendar on the Records for your career path, it will also serve as an opportunity for letters of website (http://www.ubalt.edu/records) for important dates and deadlines for the semester. reference for graduate/PhD programs and future job opportunities. ***Check Transfer Credit Report***- Be certain to have your official transcripts with all of your

5) Please visit the below for more info on grad school: final grades sent directly from the appropriate schools, CLEP, AP, etc, to the Admissions http://www.allaboutgradschool.com/ office for evaluation of credit. Admissions are responsible for determining GER credit. http://www.cgsnet.org/ The transfer credit report is found on your myUB->Student Center. <http://www.gradschools.com/> ***Taking Plagiarism Tutorial on myUB***-This tutorial will need to be completed before your http://www.gradview.com/index.jsp 2nd semester at UB. <http://www.matchcollege.com/> ***Course Descriptions***-These can be found in the 2nd half of the catalog: <http://www.petersons.com/> http://www.ubalt.edu/academics/uploads/catalogs/undergrad\_2013\_15/Course%20Descriptions.pdf. http://www.princetonreview.com/graduate-school.aspx ***Taking a Course at Another Institution***-Please see advisor for appropriate approval form http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools and to verify eligibility.

**Psychology BA Requirements Only (45 credits) Examples of What I Can Do With a Psychology Major**

**Areas Employers**

Adult Learning Consulting Firms

Art/Music Therapy Employee Assistance Programs

Case Management Federal/State Agencies

Counseling Hospital/Healthcare Providers

Crisis work Insurance Companies

Fundraising Justice System

Grant Writing Non-profit Orgs.

Labor Relations Private Psychiatric Facilities

Mental Health Services Senior Centers

Public Relations Service Provider

Real Estate/Property Management Staffing and Employment Services

Research/Data Analysis United Way Agencies

Sales

Teaching

* + **Master's Degree**
    - Licensed Clinical Social Worker
    - Professional Counselor
    - Educational, Vocational, and School Counselors
    - Substance Abuse and Behavioral Disorder Counselors
    - Rehabilitation Counselors
    - Licensed Marriage & Family Therapists
  + **Doctoral Degree**
    - Counseling Psychologist Licensed Clinical Psychologist
    - Experimental Psychologist
    - School Psychologist
    - Sport Psychologist
    - Industrial/Organizational Psychologist

**Major Requirements (6 credits**)

PSYC 100: Introduction to Psychology

PSYC 200: Introduction to Professional Practices1

**Behavioral Science Core (12 credits)**

PSYC 300: History and Systems of Psychology1

\*PSYC 308: Research Methods and Statistics I1

(WRIT 101, PSYC 200 pre-req and WRIT 300 co-req)

\*PSYC 309: Research Methods and Statistics II1

\*PSYC 490: Senior Project1

***\*Must be taken sequentially***

***1*** Students are only allowed two attempts for these courses (attempts include W’s and letter grades below C).

**Distributive Psychology Requirements:** Complete 2 courses in

one area and 1 course in each of the other two areas **(12 credits)**

Social Science

PSYC 210: Interpersonal Psychology

PSYC 250: Social Psychology

PSYC 260: Psychology of Religion and Spirituality

PSYC 335: Theories of Personality

PSYC 360: Cross-Cultural Psychology

PSYC 365: Psychology of Gender

Natural Science

PSYC 205: Human Development

PSYC 345: Cognitive Psychology

PSYC 415: Evolutionary Psychology

PSYC 425: Sensation and Perception

PSYC 430: Physiological Psychology

Applied Psychology

PSYC 320: Industrial and Organizational Psychology

PSYC 325: Forensic Psychology

PSYC 330: Health Psychology

PSYC 340: Counseling Psychology

PSYC 380: Community Psychology

**Careers in Psychology Major Elective (15 credits):** Complete 4 additional PSYC courses selected from

the three distributive psychology requirement areas and/or from the following

A bachelor’s degree in psychology provides students with a broad list of courses below, at least 3 credits must be earned in 400 level courses.

PSYC 215: Human Sexuality

PSYC 220: Stress Identification and Management

PSYC 230: Behavior Modification in Applied Settings

PSYC 240: Educational Psychology

PSYC 270: Positive Psychology

PSYC 315: Motivation

PSYC 350: Abnormal Psychology

PSYC 355: Interviewing Psychology

PSYC 370: Psycholinguistics

PSYC 375: Environmental Psychology

PSYC 400: Theories of Learning

PSYC 403: Training and Development

PSYC 404: Organizational Consulting

PSYC 405: Tests and Measurements

PSYC 413: Psychopathology

PSYC 445: Psychology of Aging

PSYC 446: Death, Dying and Bereavement

PSYC 455: Workshop in Counseling

PSYC 493: Honors Seminar

PSYC 494: Honors Project *(3-6 credits)*

PSYC 497: Topics in Psychology

PSYC 499: Special Projects in Psychology *(1-3 credits)*

background in liberal arts. Students will gain transferable skills that

most employers value such as communication, interpersonal,

active listening, teamwork, leadership, etc.

It is recommended that students try to obtain either an internship,

part-time/full-time job, or volunteer experience within a related career

field. Internship and volunteer experiences are beneficial because they

provide the opportunity to network with professionals in your

field of interest, potentially supply future references for graduate

school/jobs, and may lead to future job opportunities. The Applied

Behavioral Science Division also has research opportunities for students.

To learn more about our faculty’s area of interest please visit http://www.ubalt.edu/

cas/undergraduate-majors-and-minors/majors/psychology/faculty.cfm.

You may then follow up with a faculty to see if they have any openings on

their research team, and to see if their work would be a good fit for you as well

as the faculty. By obtaining various experience in the field as mentioned

above it will help provide necessary experience for future jobs and help

to narrow down which field of psychology is of most interest to you.

To the right you will see some possible areas in the psychology field that

students may wish to pursue, as well as, possible places of employment.

Please note that some professions will require a master’s or doctoral

degree. Students should start preparing for graduate school at minimum

*Things to Remember*

\*To view a full listing of degree requirements including general education

requirements, please click on the myResources tab on your myUB portal and

to the right will see all degree requirements for each major listed by academic year.

\*All psychology program requirements must be completed with a grade C or better.

\*Most of the major electives and distributive requirement courses are only

offered once in an academic year, while the required psyc courses are offered

every fall and spring.

\*Most PSYC courses have a pre-req of Intro to Psyc and will need electronic

permissions from the advisor if previously taken at another university.

\*A maximum of 12 credits may be transferred to UB as meeting major

requirements ( equivalencies are determined by program director or advisor).

by the beginning of their senior year. The first step should be to research what

schools offer the degree you are seeking and what the admission requirements

are for that particular program. Please refer to the last two pages of the booklet

for more information about graduate school preparation.

For more helpful tips in choosing your career path, please visit the

Career Center website:

http://www.ubalt.edu/campus-life/career-center/for-students.cfm.

**Academic Success Tips**

every hour that you spend in class. Also if you are working full-time,

1. Achievement Learning Center (ALC) you may want to consider a part-time class schedule so that you

The ALC is your go to place if you are in need of tutoring. It is a are not overloaded with balancing work and school.

good idea to seek out a tutor if you are struggling with material in 6) Form Informal Study Groups

a course(s) or even if you just want to brush up on your skills. They Studying with other students in your classes can help to motivate and

also provide workshops, academic consulting, and coaching for time facilitate learning outside of the classroom. By forming a study group

management, motivation, test preparation, goal setting, learning with your classmates, you can learn new techniques and strategies to

preferences, and more. Check out their website for additional information: approaching the course material.

http://www.ubalt.edu/academics/academic-support/achievement-and-learning-center/. 7) Attendance and Participation

2) Visit Professors During Office Hours This tip is key to ensuring that you are on track with the material in

Professors are your best resource to discuss course material in more class. Many professors also dedicate a certain percentage of your grade

detail, ask questions, and to review the syllabus and course expectations. for participation and attendance.

It is also a good idea to get to know a few of your professors to gain 8) Explore Internships, Research Experiences, and Student Groups

more knowledge about a particular field of interest and to build a Broadening your academic experiences beyond the classroom can give you the

relationship with them for future networking and references for opportunity to put what you have learned to use hands on. The ubWorks site

jobs/grad school. (found on your myUB portal) gives a comprehensive list of internships available

3) Repeat/Replace around the local area. As previously stated in the Psyc Career section there are

You may want to consider using this option for courses in which you opportunities to work with faculty and their research, as well. Please visit the

did not successfully pass for major or general ed requirements. This will allow Student Involvement Center’s website for an up to date list of student groups,

you to replace the previous grade with your new grade, which hopefully leadership and services opportunities (http://www.ubalt.edu/campus-life/csi/).

will boost your overall cumulative GPA. Repeat course forms can be found here: 9) Meet With Your Academic Advisor Regularly

http://www.ubalt.edu/about-ub/offices-and-services/records-and-registration/forms-page.cfm Your advisor is your best resource to ensure that you understand your

1. Withdraw major requirements and stay on track for graduation. They can also

Sometimes withdrawing from a course is the best line of action. It is provide you with on campus resources and academic strategies so

always best to speak to your professor first to see what your chances that you are successful.

are of passing the course and what you can do to improve your 10) Establish Purpose and Motivation

performance. If a failing grade is looking inevitable, then it may be Without purpose in your academic career it is difficult to stay motivated. If you

wise to withdraw from the course. Having a failing grade will further are unsure of what you want to do with your degree, make an appointment

damage your GPA and put you at risk for probation or suspension. with a career counselor, talk to the professors in your major, or professionals in

Students have through the tenth week of classes to drop with a W; no the field. Once you have a clear career path it will help motivate you to be

W is received if students drop within the first week. successful in your degree.

*(check with Financial Aid Office first to see if this will impact your award package)*.

1. Time Management

Students should manage their time by maintaining regular study hours

each week and keeping track of deadlines for assignments and exams. It is really

recommended to study an average of two hours outside of class for