

Academic Year 2024-25

GUIDE TO GRADUATION

BACHELOR OF ARTS: Psychology



UNIVERSITY OF
BALTIMORE

Yale Gordon College of
Arts and Sciences

ubalt.edu/psychology

The **Yale Gordon College of Arts and Sciences** is committed to providing the guidance and support you need to complete your program in a timely manner. This Guide to Graduation provides the in-depth information necessary to assist you in planning your undergraduate academic career. It contains contact information, important resources, a program checklist and a suggested four-year plan of study.

While this information will be helpful to you, you should also contact your academic adviser. Your adviser is there to assist you in planning your program plan of study and to answer your questions. All new students are required to meet with an adviser prior to registering for their first semester to receive a personalized program checklist.

The University of Baltimore recognizes that consistent and timely academic advising is strongly related to student success. To enhance the services we provide to our students and to increase the likeliness for success and on-time degree completion, UBalt implemented mandatory milestone advising for all new undergraduate students beginning in fall 2017.

Milestone advising will be anchored by three specific touch points and aligned with the personal, professional and academic goals of students at those points.

45 Credits: Advisers will work with students to further explore the declared major and connect students with support services, clubs and other campus groups to enhance the opportunity to be involved in the UBalt community.

60 Credits: Advisers will work with students to prepare for internships, Global Field Studies and other experiential learning opportunities. Students will also be re-introduced to the support services offered by the Career and Internship Center.

90 Credits: Advisers will focus on the final steps to graduation and the options for post-bachelor's degree completion. Students will learn more about the graduate degree programs at UBalt that fit with their goals.

Students must meet with their advisers to discuss their next steps for registration, course scheduling and other key academic topics before they register for classes. Advisers will release the milestone advising service indicator on students' accounts at the conclusion of the advising meetings.

Your academic adviser will assist you throughout your time at UBalt at any credit point; however, it is ultimately your responsibility to complete the degree requirements and acquaint yourself with the University's academic policies.

CONTACT INFO:

**Yale Gordon College of Arts and
Sciences Dean's Office**
Academic Center, Room 249
410.837.5351

ubalt.edu/psychology

[Psychology Advising](#)

RESOURCES:

Office of Records and Registration
ubalt.edu/records

Office of Financial Aid
ubalt.edu/financialaid

Office of the Bursar
ubalt.edu/bursar

Academic Success
ubalt.edu/success

Career and Internship Center
ubalt.edu/careercenter

**Call to schedule your advising
appointment today.**

GENERAL EDUCATION REQUIREMENTS—38 CREDITS

- Students entering in fall 2024 and later
- Upper-division courses are 300 or 400 level.
- Complete with a grade of C- or higher except where noted.
- [See course lists for each area.](#)

Fields of Inquiry—21-22 credits

Arts and Humanities Area—6 credits

Complete one course from two separate disciplines.

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____
_____	_____	_____	_____

Social and Behavioral Sciences Area—6 credits

Complete one course from two separate disciplines.

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____
_____	_____	_____	_____

Biological and Physical Sciences Area—7 credits

Complete two courses, one of which must be a laboratory course.

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____
_____	_____	_____	_____

Mathematics Area—3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

(may take MATH 111, 113, 115, 153 or 163)

Signature University of Baltimore Experiences—9-15 credits

Writing for the Professions—3 credits

Prerequisite: English Composition or equivalent; placement test or WRIT 200 required

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

(may take WRIT 300)

English Composition – 3 credits

Students may satisfy this prerequisite with a 3-credit English Composition course or through credit by examination, credit for prior learning, or a waiver from a transfer institution or from the UBalt writing program director and General Education Council.

	Term	Grade	Credit Hours
WRIT 101: College Composition	_____	_____	_____

Ethics – 3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

(may take PHIL 140; PHIL 301; IDIS 302)

Diversity – 3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

may be met through transfer credit, elective coursework (which may be free-standing or in a major), competency-based testing, portfolio review, credit by examination, credit for prior learning, or waiver with approval of the General Education Council; a credit-bearing course is not required.

Global Awareness – 3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

may be met through transfer credit, elective coursework (which may be free-standing or in a major), competency-based testing, portfolio review, credit by examination, credit for prior learning, or waiver with approval of the General Education Council; a credit-bearing course is not required.

Captstone Experience – 3 credits

(taken in major or in honors program)

Course Title	Term	Grade	Credit Hours
PSYC 490: Senior Project in Psychology	_____	_____	_____

Core Proficiencies – maximum of 9 credits

These requirements may be met through transfer credit, elective coursework (which may be free-standing or in a major), competency-based testing, portfolio review, credit by examination, credit for prior learning, or waiver with approval of the General Education Council. A credit-bearing course is not required.

Information Literacy – 3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

(may take INFO 110 or course in major)

Technological Fluency – 3 credits

Course Title	Term	Grade	Credit Hours
_____	_____	_____	_____

(COSC 100, 101, 102, 155 or course in major)

B.A. IN PSYCHOLOGY REQUIREMENTS – 45 CREDITS

- Students entering in fall 2017 and later
- Complete with a grade of C or higher.

> Core Program: six Psychology courses – 18 credits

Course Title	Term	Grade	Credit Hours
• PSYC 100: Introduction to Psychology	_____	_____	_____
• PSYC 200: Introduction to Professional Practices <i>Prerequisite: WRIT 101</i>	_____	_____	_____
Behavioral Science Core			
<i>* Statistics courses must be taken sequentially</i>			
• PSYC 300: History and Systems of Psychology	_____	_____	_____
• PSYC 308: Research Methods and Statistics I * <i>Prerequisite: PSYC 200; Co-requisite: WRIT 300</i>	_____	_____	_____
• PSYC 309: Research Methods and Statistics II *	_____	_____	_____
• PSYC 490: Senior Project in Psychology *	_____	_____	_____

> Distributive Psychology Requirement – 12 credits

Complete two courses in one area and one course in each of the other areas.

Psychology as a Social Science

Course	Term	Grade	Credit Hours
<input type="checkbox"/> PSYC 210: Interpersonal Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 250: Social Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 260: Psychology of Religion and Spirituality	_____	_____	_____
<input type="checkbox"/> PSYC 335: Theories of Personality	_____	_____	_____
<input type="checkbox"/> PSYC 365: Psychology of Gender	_____	_____	_____
<input type="checkbox"/> PSYC 435: Cross-Cultural Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 455: Nonverbal Communication	_____	_____	_____

Psychology as a Natural Science

Course	Term	Grade	Credit Hours
<input type="checkbox"/> PSYC 205: Human Development	_____	_____	_____
<input type="checkbox"/> PSYC 345: Cognitive Development	_____	_____	_____
<input type="checkbox"/> PSYC 415: Evolutionary Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 425: Sensation and Perception	_____	_____	_____
<input type="checkbox"/> PSYC 430: Physiological Psychology	_____	_____	_____

Applied Psychology

Course	Term	Grade	Credit Hours
<input type="checkbox"/> PSYC 320: Industrial and Organizational Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 325: Forensic Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 330: Health Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 340: Counseling Psychology	_____	_____	_____
<input type="checkbox"/> PSYC 380: Community Psychology	_____	_____	_____

> Major Elective courses – 15 credits

Choose at least five additional PSYC courses from the three distributive psychology areas and/or from the following list of courses. At least one course must be 400 level.

Course	Term	Grade	Credit Hours
1. PSYC: _____	_____	_____	_____
2. PSYC: _____	_____	_____	_____
3. PSYC: _____	_____	_____	_____
4. PSYC: _____	_____	_____	_____
5. PSYC: _____	_____	_____	_____

Additional Elective Course List

PSYC 215: Human Sexuality
 PSYC 220: Stress Identification and Management
 PSYC 230: Behavior Modification in Applied Settings
 PSYC 240: Educational Psychology
 PSYC 270: Positive Psychology
 PSYC 297: Topics in Psychology

PSYC 315: Motivation
 PSYC 350: Abnormal Psychology
 PSYC 355: Interviewing Psychology
 PSYC 370: Psycholinguistics
 PSYC 375: Environmental Psychology
 PSYC 400: Theories of Learning

4-Year Plan for Incoming Freshmen: Psychology, B.A.

Below is an example plan of study for the Psychology program. This is meant to act as a guide, but need not be followed in the same order for every student. Part-time students and those students transferring in credits from another university or college will need to adjust their plan accordingly. This plan does not account for courses taken during summer sessions. Students should consult with their adviser each semester prior to registration.

Year 1			
1st Semester	2nd Semester		
WRIT 101	3	GE: Arts/Hum	3
MATH 115 (GE: MATH) or Developmental MATH or WRIT 100)	0-3	INFO 110	3
IDIS 101 (First-year Seminar and GE Elective)	3	CMAT 201 (GR: Oral Comm)	3
Learning Community Course (GE: Arts/Humanities or GE: Social Science)	3	PSYC 100 (GE: Social Science/GE: Arts/Humanities)	3
Learning Community Course (PSYC 100 GE: Social Science/GE: Arts/Humanities)	3	MATH 115 (GE: MATH) or General Elective	3
	<u>12-15</u>		<u>15</u>
Year 2			
3rd Semester	4th Semester		
PSYC 200	3	PSYC 308	3
Major Elective or Distributive	3	Major Elective or Distributive	3
Science with Lab (GE)	4	Global Awareness Diverse Perspectives (GR)	3
Tech Fluency (GR)	3	WRIT 200 or WRIT 300 (GE: Upper-Division Comp)	3
General Elective (if MATH completed)	3	Science Non-Lab (GE)	3
	<u>16</u>		<u>15</u>
Summer/Winter			
General Elective (if MATH 100 is taken)	3		
	<u>3</u>		
Year 3			
5th Semester	6th Semester		
PSYC 309	3	PSYC 300	3
Major Elective or Distributive	3	Major Elective or Distributive	3
General Elective	3	Major Elective or Distributive	3
IDIS 302 (GE: Upper-Level Arts/Humanities)	3	General Elective	3
General Elective or WRIT 300 (GE: Upper-Division Comp if WRIT 200 is taken)	3	General Elective	3
	<u>15</u>		<u>15</u>
Year 4			
7th Semester	8th Semester		
PSYC 490 or 400-Level Elective	3	PSYC 490 or 400-Level Elective	3
200-Major Elective or Distributive	3	200-Major Elective or Distributive	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
Major Elective or Distributive	3	General Elective	3
	<u>15</u>		<u>15</u>
	Total		
61	121	60	