

#IWILLLISTEN

October 2 - 6, 2017

University of Baltimore

Will You Promise to Listen

with an open mind and without judgment?

Monday, October 2nd

12:30pm-2pm

4:00pm-5:15pm

Tuesday, October 3rd

10:30am-12pm

4:00pm-5:15pm

Tuesday, October 3rd

12:30pm-2pm

Wednesday, October 4th

10am-12pm

1pm-2:30pm

3:30pm-5:00pm

Thursday, October 5th

12:30pm-1:30pm

3:30pm-5pm

#IWillListen Pledge and Picture Day

Info at Student Center Lobby & Academic Center Lobby

#IWillListen A Day Without Headphones

Info at Student Center Lobby & Business Center Lobby

NAMI In Our Own Voice: Personal Stories of Recovery

Student Center, Wright Theater

National Depression Screening Day - *Free Screenings*

Academic Center, Room 111

Student Center Lobby

Student Center Lobby

#IWillListen Wellness Events

Healthy Food Preparation Demo

UB Food Pantry, Student Ctr. - 2nd Floor

Yoga for Wellness with Ariel Wickham

Rec Center, Aerobics Studio, Room 315



Metropolitan
Baltimore



[@NAMI_Baltimore](#)

[#IWillListen](#)

www.namibaltimore.org