

University of Baltimore
Drug and Alcohol Abuse Prevention Report
January 2018 - January 2020

Administrative Policy and Compliance Committee
Division of Student Success and Support Services
Office of Human Resources

Context

The federal Drug-Free Schools and Campuses regulations (cf. EDGAR Part 86) require educational institutions receiving federal aid to provide programming to prevent substance abuse, including the abuse of alcohol, and to assess the effectiveness of such programming on a biennial basis. An annual notification related to this programming is also required. The annual notification can be disseminated in a number of ways, in sections or as a comprehensive report, as long as the means of sharing the information has a reasonable expectation of reaching all students and employees.

Further, these regulations call for the biennial review of the effectiveness of this preventative programming. Reporting is expected to address not only the letter of the law, but also the spirit of the law and identify gaps in programming so that more evidence-based practices can be incorporated for the benefit of all members of the campus community. The biennial report is to include standards of conduct; possible sanctions and other penalties for violating relevant laws and campus policies; statements about the health risks associated with the abuse of alcohol and other drugs (AOD) covered by the *Controlled Substances Act* (21 U.S.C. 811); and services available to students and employees, including treatment options.

The Higher Education Opportunity Act also requires the biennial report of that review to be available as part of general Title IV federal financial aid compliance, and institutions must provide a copy of its biennial report to the US Department of Education or its representative upon request.

As a non-residential campus with a large part-time population including many adult learners, student behavior on the University of Baltimore (UB) campus does not follow the patterns often seen at traditional residential college campuses. The greatest concentration of more traditional students is in the School of Law.

University of Baltimore Policy on Drug and Alcohol Use Policy

The use or abuse of controlled or illegal substances and alcohol poses a serious threat to the health and welfare of a large segment of the college student population through a lessening of academic performance, estrangement of social relations, creation of mental health and physiological problems, vandalism, and in some cases bodily injury, illness, and death. The University of Baltimore drug and alcohol policies are designed to help protect the health and welfare of students; to observe state, federal and local laws; and to maintain an atmosphere and environment appropriate for learning. To review the policy in its entirety, please use the following link:

[UB IV-1.1: Alcohol and Drug Policy](#)

Alcohol Policy

The University of Baltimore permits the use of alcoholic beverages in designated areas on campus if such use is in conformity with all applicable alcoholic beverage laws and the specific University regulations. The use of alcoholic beverages on campus or at off-campus University

sponsored events must also be consistent with the maintenance of a high standard of conduct conducive to learning.

Drug Policy

The University of Baltimore is committed to using all available means to prevent illegal activities on campus. Use, possession, sale, distribution, and being under the influence of controlled substances or illegal substances on University premises or at University-organized activities are strictly prohibited, except as permitted by law.

Amnesty Policy

The health and welfare of our community is the University's primary concern. Any student who seeks help for themselves or another person during a medical emergency while under the influence of alcohol or drugs will not be charged by the University with a violation of University policy for being under the influence. Additionally, the person for whom help is sought will not be charged with a violation of University policy for being under the influence.

Related Policies

The University of Baltimore has a no smoking policy that has been in effect since 2005; see [UB II-6.1: No Smoking Policy](#). It does not allow smoking by community members or guests inside any buildings or within 15 feet of an entrance to any university building.

Standards and Sanctions

Information regarding the standard legal and campus sanctions for drug and alcohol usage can be found below.

Legal Sanctions for Alcohol

Students and employees of the University of Baltimore are subject to state laws for possessing, consuming and obtaining alcohol. It is illegal in the state of Maryland for persons under 21 to falsify or misrepresent their age to obtain alcohol or to possess alcoholic beverages with the intent to consume them. It is also illegal in most situations to furnish alcohol to a person under 21 or to obtain alcohol on behalf of a person under 21. The penalty is a fine of up to \$500 for a first offense and up to \$1,000 for repeat offenses. Under section TR16-113 of the Maryland Annotated Code, licensees under the age of 21 years are prohibited from driving or attempting to drive a motor vehicle while having alcohol in the licensee's blood. Violation of this license restriction may result in a license suspension or revocation and/or a fine.

All sales, distribution, and consumption of alcoholic beverages must conform to regulations of the University as set forth herein, to the regulations of the Board of Liquor License Commissioners for Baltimore City, and the laws of the State of Maryland. Specifically, Article 2B of the Annotated Code of Maryland (Alcoholic Beverages Law):

1. Prohibits selling or permitting consumption of alcoholic beverages after the prescribed hours (Section 86);

2. Prohibits permitting any person to drink any alcoholic beverage not purchased from the license holder on the premises covered by the license and not permitted by the license to be consumed on the premises (Section 114); and
3. Prohibits selling or furnishing any alcoholic beverages to a minor or a person visibly under the influence of any alcoholic beverage (Section 18). The City of Baltimore Liquor Board requires that a one-day liquor license be obtained and displayed at any event where beer and wine are sold (Liquor Board Rules and Regulations Rule 1.10) or that a caterer with off-sale caterer privilege be used (Liquor Board Rules and Regulations Rule 1.09).

Campus Violations for Alcohol

Violations of any regulation regarding alcoholic beverages will be adjudicated through the University's conduct system, and where appropriate, through legal action. Students and organizations found to be in violation shall face a range of University sanctions as provided in the Code of Conduct, including but not be limited to, disciplinary reprimand, loss of privilege, restitution, disciplinary probation, disciplinary suspension, disciplinary dismissal, and disciplinary expulsion.

Legal Sanctions for Drugs

Students and employees at the University of Baltimore are subject to federal, state and local laws regarding the possession and distribution of illegal drugs. Federal Law 21 USCA, sections 841 and 844, states that it is unlawful to possess, manufacture, distribute or dispense a controlled substance. In addition, the State of Maryland has additional laws dealing with distribution, manufacturing, and possession of controlled substances. Maryland law (Sections 5-601, 5-602 and 5-607, Criminal Law Article) states that any persons who unlawfully manufacture, distribute, dispense or possess a controlled, dangerous substance may be subject to imprisonment up to 5 years and fines up to \$25,000. Maryland. Ann. Code Art. 27, section 286 (1989), further states that any person who unlawfully manufactures or distributes any controlled dangerous substances may be fined up to \$25,000 and may be imprisoned for up to 20 years for a first offense.

Federal law 21 USC, sections 841 and 844–845a (1990), states that it is unlawful to possess any controlled substance for any illegal purpose. If the substance is cocaine, or contains a cocaine base, the penalty for simple possession is a fine and/or imprisonment from 5 to 20 years. For other illegal drugs, the penalty for simple possession is a fine of at least \$1,000 and/or imprisonment for up to 3 years. The penalties increase if the possession includes intent to manufacture, distribute, or dispense a controlled substance, especially if done so near a public or private elementary, vocational, or secondary school, or a public or private college or university. Additionally, any person who violates this law shall also be liable to the United States for an amount up to \$10,000 in civil penalties.

Convictions related to controlled and/or illegal substances will adversely impact a student's ability to receive federal financial aid. Also, in Baltimore City, under Article 19, section 58C of

the City Code, it is illegal to loiter in a certified drug-free zone, with penalties of imprisonment of up to 30 days and a fine of up to \$400.

Campus Violations for Drugs

Violations of laws and university policies and regulations regarding the use of controlled/illegal substances and alcohol at on-campus or University-organized activities off-campus are subject to prosecution through law enforcement authorities and adjudication through the campus judicial system. Penalties through the latter authority will depend on a careful review of the facts and circumstances of each individual case, and will take into consideration such factors as the accused person's previous record, the nature of the substance, and the degree of culpability. The range of university penalties shall include, but not be limited to, disciplinary reprimand, loss of privilege, restitution, disciplinary probation, disciplinary suspension, disciplinary dismissal, and disciplinary expulsion.

Campus Safety and Security Report

Specific information regarding incidents including drugs and alcohol that occurred on campus can be found in the Annual Campus Security Reports below.

[Annual Campus Security Report - 2018](#)

[Annual Campus Security Report - 2019](#)

Health Risks

Substance abuse is recognized as the number one public health problem in the United States accounting for about 150,000 deaths annually. This includes deaths from stroke, disease of the heart and liver, and all alcohol and drug related suicides, homicides and accidents. About 30 percent of all those admitted to general hospitals and 50 percent to psychiatric hospitals have detectable substance abuse.

[Health Risks of Alcohol and Abuse](#) (Center for Disease Control, 2017)

[Health Risks of Drug Misuse](#) (National Institute of Health, 2017)

Substance Abuse Prevention Program

The University of Baltimore has several different methods in place to help promote substance abuse prevention.

Campus Notification

A campus notification is sent annually that reminds students of policies and regulations that are in place to help build a healthy, safe and positive university community. The notification highlights specific policies and directs students to the student handbook where they will be able to review all policies. The specific information that is posted about alcohol and drugs can be found below.



Alcohol and Drugs

UB encourages all students to make healthy and safe choices.

In addition to federal, state and local law, the University has established a drug and alcohol policy. The University supports positive decision making and a healthy campus environment. Students can request access to the AlcoholEDU and Prescription Drug Abuse Prevention tutorials via the UB student portal. This information can be found under "Tutorials." Click "Request Rx Abuse Tutorial" to complete and submit your request. You can also use the following link:
<https://ubalt.teamdynamix.com/TDClient/1799/Portal/Requests/ServiceDet?ID=40067>



Support and Guidance

We're here to help.

If you have any questions or concerns about the policies listed above, need help locating University resources or services, or need assistance dealing with other concerns, the Office of Student Support is here to help.

Visit: Academic Center, room 112

Call: 410.837.4755

Email: studentsupport@ubalt.edu

Find us online: www.ubalt.edu/studentsupport

Naloxone Program

On September 18, 2017 UPBD officers received specialized training from the Baltimore Police Department in accordance with the Annotated Code of Maryland, General Health Article, Title 13 Miscellaneous Health Care Programs and Subtitle 31 Overdose Response Program. During this training they reviewed the signs and symptoms of overdose, the administration of overdose-reversing medication, and the appropriate follow up.

All new hires for UBPD are trained on the deployment of naloxone.

A complete listing for the institutional policy surrounding the use of overdose-reversing medication.

First-Year Seminar

All First-Year Seminars utilize the same text, the 8th edition of *Keys to College Success* by Carter and Kravits. Within the text, the third chapter specifically discusses *Emotional and Physical Wellness* with specific sections that discuss drug and alcohol usage. Instructors for the course are encouraged to utilize the text particularly, reference the first few chapters, and discuss the topic with new students.

Student Event Planning

Student organizations receive specific information and training regarding risk management and planning events that may involve alcohol. This information is available via the student organization online platform. Additionally, events that involve alcohol must include the following requirements.

- Designate an Event Chairperson
- Reserve your event space (as outlined previously for on campus events).
- Request quote from a caterer with a liquor license.
- Ensure your advisor is available to be present at the event. At least one of the organization's advisors or advisor's designee is required to be present at the event.
 - The requirement to have an advisor present is waived if **ALL** of the following apply:
 - Participants are purchasing their own alcohol, i.e. the student organization is not paying for or facilitating the purchase of alcohol.
 - The venue where the event is being held has a liquor license and is providing the alcohol and servers.
 - The event is held off campus.
 - An example of an event where an advisor would not need to be present is a happy hour held at a restaurant where the student organization is purchasing food but there is a cash bar for those in attendance.
- Complete the Student Organization Alcohol Agreement Form in CampusGroups.
- CSI and the UB Police Department will review your request. You will receive a notification once your request to serve alcohol has been approved.
- Obtain an invoice from a caterer with a Liquor License for the serving and providing the beer and wine.
- Complete an Event Incident Report after the event and submit it to CSI.

For the complete list of the requirements for student organizations wishing to host events with alcohol please visit the following link.

<https://involvement.ubalt.edu/csi/event-planning/#Student%20Org%20Alcohol%20Policy>

Regulations for the Marketing, Sale, Distribution, and Consumption of Alcoholic Beverages at University Events

All state, federal and local laws must be observed when marketing, selling and consuming alcoholic beverages.

Designated Areas

Alcoholic beverages may only be served and consumed in areas designated and approved by the Office of Auxiliary Services. When distributed at a student groups event, a request to serve alcoholic beverages must be submitted to and approved by the Center for Student Involvement thirty days prior to the event.

Precautionary Measures

Individuals or organizations sponsoring events on or off-campus are to implement precautionary measures to ensure that alcoholic beverages are not abused, accessible, or served to persons under the legal drinking age (21) or to persons who appear intoxicated. Such measures shall include but are not limited to: identification and age verification checks, wristbands or hand stamps identifying those eligible to drink alcoholic beverages; having designated servers

distribute all alcoholic beverages; prohibiting any form of drinking "contest" or game; restricting distribution of free and inexpensive alcoholic beverages; informing and arranging for UB police to be on call for all events; and having non-alcoholic beverages and food available where alcoholic beverages are served.

Advertising/Promotion

Promotional materials including advertisement of University events may not:

1. Make reference to the amount and price of alcoholic beverages (such as the number of beer kegs available),
2. Encourage any form of alcohol abuse,
3. Place emphasis on quantity and frequency of use,
4. Associate alcohol consumption with the performance of tasks that require skilled reactions such as the operation of motor vehicles or machinery, or
5. Portray drinking as a solution to personal or academic problems of students or as necessary to social, sexual, or academic success. All promotional materials shall note the availability of non-alcoholic beverages as prominently as alcohol. Alcoholic beverages may not be used as inducement to participate in a university/student organization sponsored event. Display or availability of promotional material for both on-campus and off-campus events shall be determined in consultation with the Director for the Center for Student Involvement or their designee.

Campus Marketing Programs

Campus marketing programs which include controlled sampling are permitted but shall conform to all University alcohol regulations, including the availability of alternative non-alcoholic beverages and food. No uncontrolled sampling as part of a campus event is permitted. The consumption of alcoholic beverages shall not be the sole purpose of any promotional activity. Marketing programs should have educational value and subscribe to the philosophy of responsible and legal use of the products represented. Marketers shall support campus alcohol awareness programs that encourage informed and responsible decisions about the use or nonuse of alcoholic beverages.

Limits on Free Alcoholic Beverages

Alcoholic beverages may not be provided as promotions, free awards or prizes to individual students or campus organizations. Free alcoholic beverages may not be served at student events without prior approval from the Director for the Center for Student Involvement or their designee.

Office of Student Support Initiatives

The Office of Community Life, renamed the Office of Student Support in the summer of 2019, offered two drug and alcohol prevention themed events during the period of January 2018 through January 2020. Both events occurred on April of 2019.

The Office of Community Life hosted an event on April 1, 2019 that allowed students the opportunity to play games while wearing fatal vision impairment goggles, to simulate the effects that alcohol can have on dexterity and fine motor skills. In all, approximately 50 UB community members participated and received information about how to make referrals to the Office of Community Life.

The Office of Community Life also partnered with the Office of Government and Public Affairs as a part of Sexual Assault Awareness Month on April 10 & 11, 2019. The tabling event provided information about the prevalence of alcohol or drugs in cases of sexual misconduct on college campuses. During the interaction students were provided with messaging and a hard-plastic solo cup as a keepsake and reminder of the discussion.

Beginning in November of 2019 the Case Manager for Student Conduct has also been tasked with providing 2-3 educational experiences a semester that focus on drug and alcohol education for the student population. Due to limited resources and maximizing impact, the current strategy is to embed these experiences into existing events or during high traffic periods.

Additionally, on Tuesday May 8, 2018 the University hosted "Baltimore Standing Together: A Town Hall on Opioids," the second in a series of public events covering some of the most important issues facing the city. "Baltimore: Standing Together" was co-sponsored by WJZ-TV, The Baltimore Sun, and the Schaefer Center for Public Policy in the University of Baltimore College of Public Affairs.

Treatments and Referrals

Persons interested in discussing drug or alcohol related problems are encouraged to contact the [University of Baltimore Student Assistance Program \(SAP\)](#) for counseling or referral services. In addition to short-term counseling, the University of Baltimore (SAP) offers resources for child and elder care, and legal and financial consultation. Students can contact via the [UB Portal](#) or by phone at 1.800.327.2251.

For the 2018-2019 and 2019-2020 academic years, the university partnered with external vendors to provide a robust Student Assistance Program. The Student Assistance Program offered short term counseling to students via in-person, telephonic or video counseling services. These programs are offered on online portals that provided a host of materials for review and support of students experiencing drug or alcohol dependency.

January 2018 - May 2019 UB SAP Provider: [INOVA](#)

June 2019 - January 2020 UB SAP Provider: [BHS](#)

Beginning in August 2019, a Clinical Case Manager position was also added to help provide direct support, gather resources and assist with connecting students to the Student Assistance

Program or other pertinent resources or agencies. The Clinical Case Manager role requires a master's degree in social work, clinical psychology, counseling psychology, or counseling. The candidate should be licensed in Maryland or license-eligible as a Clinical Social Worker, LCSW-C or Licensed Clinical Professional Counselor, LCPC.

Additional information can be obtained at the following sites:

Addictions Hotline- 1.800.559.9503

[Baltimore Area Narcotics Anonymous](#)

[Baltimore Intergroup Council of Alcoholics Anonymous](#)

[Baltimore County Substance Abuse Program](#)- 410.887.3828

[Marian House](#)

[Maryland Alcohol and Drug Administration](#)

[Maryland's Behavioral Health Administration](#)

[Substance Abuse and Mental Health Services Administration](#) - 1.800.662.HELP (4357) or 1.800.487.4889

[University of Maryland Treatment Sites](#)

Employee Education and Resources

Employees are educated about the [State of Maryland Substance Abuse Policy](#) on the [Human Resources New Employee Onboarding](#) portion of the university website and during new employee orientation. This portion of the website also has information about the [Employee Assistance Program](#) which provides confidential assistance from licensed professionals for alcohol/ substance abuse and additional support. Employees may self refer, or they may be referred by a manager. The Employee Assistance Program information can also be found within the campus web portal with several other important resources. Employees may also contact the Employee Relations Specialist to receive additional resources and support. Employees are also informed of their rights and protections under the Americans with Disabilities Act, the ADAAA of 2008 and Family Medical Leave Act.

Employees also have access to numerous off-campus resources, including the following noted below:

1. [The Substance Abuse and Mental Health Services Administration](#) (SAMSHA), provides a Behavioral Health Treatment Services Locator, which is a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems.
2. SAMSHA also offers free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues, 24 hours a day, 7 days a

week. To access SAMHSA’s National Helpline, individuals can call 1.800.662.HELP (4357) or use 1.800.487.4889.

3. [Maryland’s Behavioral Health Administration](#) offers several resources related to drug treatment and drug prevention.

4. A free support and resource for smoking cessation. For more details, individuals can call 1.800.QUIT.NOW (1.800.784.8669) and visit smokefree.gov.

Center for Drug Policy and Enforcement

The Center for Drug Policy and Enforcement (CDPE) brings together policy experts, advocates and scholars dedicated to scientific research and best practices for stopping the proliferation of drugs and violence in our communities. The center focuses on applied research initiatives to reduce drug trafficking, money laundering, firearms trafficking, drug-related violence, and gang activity, and pursues strategies to advance a public-health approach to resolving the core problem of addiction.

Funded entirely through external grants, the CDPE focuses its efforts on Maryland, the District of Columbia, Virginia, and West Virginia, and includes the Washington/Baltimore High Intensity Drug Trafficking Areas (HIDTA) program. The [HIDTA Program](#)—which is strongly aligned with the mission of the College of Public Affairs—is a federal grant program administered by the White House Office of National Drug Control Policy that provides resources to assist federal, state, local and tribal agencies in coordinating activities that address drug trafficking in specifically designated areas of the United States.

The goals of the CDPE are to:

- improve efforts to combat drug trafficking and drug abuse;
- develop innovative approaches to reduce violent crime;
- conduct research on drug and money laundering organizations and gangs;
- provide strategic, operational and tactical criminal intelligence to our clients;
- enhance the college’s academic environment through educational and research opportunities;
- develop new and expand upon existing collaborative relationships with other departments and colleges within the University; and
- seek additional grants and other external funding to support its goals.

As part of the College of Public Affairs, the CDPE brings both paid and unpaid undergraduate and graduate internships to the college’s students. Internships with the center frequently result in full-time employment, with the CDPE or one of its participating agencies.

Progress from 2016-2018 Report

Data Gathering

In December of 2019, the Associate Vice President for Student Success and Support Services shared that data from existing surveys may include relevant data as UB worked to refine its understanding of drug and alcohol usage of the student community. The two specific instruments identified to hold relevant information were the CIRP Freshman Survey and Your First College Year Survey.

Due to changes in staffing, receiving and reviewing this information has been delayed, However, the goal moving forward is to be able to continue to review this information and make recommendations in the Alcohol and other Drugs Prevention Efforts at UB Working Group.

Alcohol and other Drugs Prevention Efforts at UB Working Group

During the fall semester of 2019 a working group was established bringing together campus stakeholders regarding the University's drug and alcohol prevention efforts. The first meeting for the group is slated for early 2020.

Offices with representation on the working group include:

- Office of Student Support
- Center for Student Involvement
- Human Resources
- University of Baltimore School of Law
- University of Baltimore Police Department

Office of Student Support Subcommittee

The Office of Student Support began a subcommittee to provide direction for its efforts in drug and alcohol prevention. The subcommittee will ensure a continued focus on prevention and ensuring necessary information reaches the UB student community.

Everfi Changes

The University has continued to leverage the catalogue of services available through its partnership with Everfi. In 2019, it was announced that Everfi would be changing platforms and would prevent institutions from simply sharing a link with students but instead would require institutions to add students to a database for them to be able to access educational tutorials. This meant that UB had to change its strategy of sharing the opioid training offered through Everfi. In January of 2020, in partnership with the Office of Government and Public Affairs and the Office of Technology Services, a web form was placed on every student's MyUB portal allowing them to complete a form to receive access to Alcohol EDU and the Prescription Drug Safety tutorials. This information has also been included in the *Need to Know* notification sent to students every semester and may be used as an educational sanctioning tool for Student Conduct to leverage.

Recommendations

The Office of Student Support (OSS) has continued to research best practices in the drug and alcohol prevention efforts. Through such research, it has become evident that there are a multitude of prevention strategies in use at different institutions of higher education. Additionally, UB presents significantly unique dynamics as an institution, and it is essential that the approach to meet our needs is equally intentional. The Campus Prevention Network's Framework for Comprehensive prevention has stood out as an approach that can best be adapted to meet the needs of the UB student population. Discussed in detail within the framework, OSS has identified harm reduction and assessment as additional tools moving forward. Additionally, it will continue to be important to monitor the ongoing discussion and guidance from the Maryland Collegiate Recovery Coalition as it presents opportunities for training, partnership, and refining UB's approach.

In the summer of 2020, UB law campus organizations will transition oversight from the Center for Student Involvement to the Law School. This transition will offer an opportunity to provide an even more targeted approach to alcohol education and prevention to the law student population. Careful thought and development should accompany this transition to ensure that we are best supporting this community and achieving the larger goals of the University.

The Student Conduct Case Manager should continue to work to embed educational opportunities into high traffic or traditional events to maximize outreach and balance limited resources. The Clinical Case Manager will continue to develop relationships with different mental health and rehabilitation professionals to ensure that students are aware of the level of support that UB can offer and additional support available to them external to the institution. This group will also continue to review and present information from existing UB assessments to best identify alcohol and drug usage patterns among the UB student population.

Finally, it remains clear that a multifaceted approach to drug and alcohol prevention is essential for the greatest impact. The Alcohol and Drugs Prevention Working Group at UB represents a great step forward in this approach. However, there is still a great deal of work necessary to ensure that UB maintains its goal to provide an environment supportive of drug and alcohol prevention for all community members.

Sources:

<https://everfi.com/networks/campus-prevention-network/approach-areas-impact/>

<https://www.collegedrinkingprevention.gov/media/FINALPanel2.pdf>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3928290/>